

# TENET22

VISUAL MAGAZINE

*Jhonny Mariotto - Lorena Di Modugno - Enzo Fabbrucci  
Tom Bosco - Zelia Reggianini - Maria Cristina Silvagni*

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*If we consider historical events not in isolation from each other, but as a whole, it is impossible not to detect some global processes that cannot be identified through a piecemeal study. As a result, events that took place in different countries and on different continents in certain historical periods have direct and indirect connections, which allows for a completely new assessment of the essence and background of many such processes. Thus, the mid-nineteenth century begins to appear as a clear turning point in world history.*

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*Everything that lives and exists is constantly vibrating in the Intelligent Body and in the Love of God. Since God is All and dwells in every aspect of life, He has so many Messengers to assist Him. Like a chief executive of a large company, he does not deal with every single service existing in his vast organization but he avails himself of the assistance and collaboration of an innumerable host of trusted and well-trained beings who are fully connected with his Divine Intelligence, who in turn, they draw on other collaborators who report in detail on the various tasks performed in the different subspheres, and so on ad infinitum.*

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*Traditional science, in its by now classic twentieth-century form (therefore obsolete and very backward compared to what branches of the new physics are revealing to us) has put certain and established things on one side, and the miraculous on the other. Well, there is one thing in nature around us that blends logic and miracle, this is the crystal!*

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*The fruit is the manifestation of the tree from which it comes. If it is juicy, sweet, tasty, it is telling us something about the tree, because everything it has is a gift from the tree. The tree must be healthy, it must be rich in sap. Simply observing the fruit or flower allows you to deduce many things about that tree. Words are our fruits and they say a lot about us. They talk about us, about how much the tree is in harmony or disharmony with existence.*

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by Zelia Reggianini

*We are part of this cosmic miracle that we call life and we already exist in this union, and we are part of the Whole. I want to bring a very clear concept of integration, and that's what I see if I observe the whole creation moving in unison in cycles that repeat themselves on different octaves with a masterful perfection: "We are already the One", as we are an inseparable part of it. If we observe the Earth from above we cannot see men, animals or insects. We know that they live in this Aggregate System called Earth, how can we say that the Earth is part of the One. What is separate about us that makes us think that we should integrate? And from whom do we feel separated?*





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*It is truly interesting how, more than a century ago, in full rationalism, we came to theorize the existence of an "invisible" system, which escapes the analysis and control of conscious mind, and which, as Freud argued, governs our thoughts, our actions, our choices more than we imagine. In my eyes, the concept of karma has taken on an ever more complete form and meaning, particularly after encountering the Huna philosophy. According to this ancient knowledge, Karma and the Unconscious are closely associated.*

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by Zelia Reggianini

*This column is dedicated to all the writings collected after 2012 when I integrated a fragment of mine that had lived the experience of concentration camps from the last incarnation. Since then I began to perceive in me, a voice that told me the truth of life, in its hardness, without judgment, helping me to see love in every act of manifestation*

Cover image: *The Sacred Union of Polarities* by Alice Kaimann

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## EDITORIAL

by **Tenet22**



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### THE SACRED UNION OF POLARITIES

*We live in a time on Earth in which it is fundamental, more than ever, to strive for the harmonious union of polarities, first individually and then as a collective.*

*What does all this mean?*

*First of all, it means acquiring a new perspective, from which to observe the external events of one's life, to understand their real intrinsic meaning, while abandoning the limiting patterns induced by the personality, which permeate the mental, emotional and physical state.*

*As it is without, so it is within, and as above, so it is below!*

*Through a new, analogical, neutral ability to observe the events that happen to us on a daily basis, it is possible to understand their profound meaning and the consequent teaching. The way to integrate the polarities of existence is therefore enclosed in the quality of the gaze, through which we are allowed to deeply penetrate the primordial essence of what surrounds us, perceiving its evolutionary function.*

*This harmonization is the nourishment for our Soul, the alchemical process that leads to an authentic Self-Knowledge.*

*The key to accessing our innate inner potential is contained in the quality of the gaze with which we look at the world and we observe ourselves.*

*In the ability to observe and welcome our shadow, to recognize and accept our opposite feminine or masculine polarity, lies the possibility of feeling united, complete and no longer separate.*

*We are Divine Human Beings, created in the image and likeness of the Father, of the Source, of the Whole, made of its own substance, and therefore potentially capable of becoming cocreators.*



*The practice of neutral observation, deep listening and full acceptance is the way to reach the harmonious connection between Personality and Soul. The passage that allows you to fully enjoy the fruits of Pure Love.*

*Happy reading.*

*Naturidei*





## HOW TO FORMAT A CIVILIZATION

by **Tom Bosco**



*For years now I have been dealing with a research which, as it progresses, is proving to be increasingly exciting and increasingly connected to the events we have witnessed in recent history and above all in the current one. I have already dealt with, in other forums and in other contexts, the many questions concerning the enigma of the so-called "Great Tartaria", but, to start doing it here too, I have chosen to use the passage of a text, which I painstakingly revised and corrected (being originally in Russian, which I obviously don't know). In my opinion it is particularly suitable for introducing the topic in question. I hope you'll find it as interesting as I did... happy reading!*

Tom Bosco

If we consider historical events in connection with each other, as a whole, it is impossible not to detect some global processes that cannot be identified through a fragmentary study. As a result, events that took place in different countries and on different continents, during certain historical periods, have direct and indirect connections. That allows for a completely new



assessment of the essence and the background of many such processes. Thus, the mid-nineteenth century begins to appear as a clear turning point in world history. The loss of Europe<sup>1</sup> in the so-called "Crimean" war entailed a whole chain of global changes that were not apparent even to eyewitnesses of these changes. The fact is that, in reality, the big picture as a whole can only be seen by observing it from afar.

Now that enough time has passed, we can finally piece together from the fragments a single picture of events that took place over the course of several generations. For the representatives of these generations certain changes were simply not visible.

In the first place, what attracts attention is the absolutely amazing similarity of events and phenomena around the world, and this cannot be a coincidence.

Sociology is an exact science and no one can delete the laws of the development of society. If a critical mass of those with nothing to lose accumulates in a society, then a revolution becomes inevitable. No one will dare to doubt this, just as they will not doubt that if there are more military personnel than those they support, then this means that there will be a war. And if we, considering the architecture of cities in the middle of the 19th century, apparently cannot distinguish in which city, country and even on which continent this or that building was located. This can only mean one thing - the world was globalized.

Even in the absence of modern means of information transmission, absolutely identical cities have arisen in some incomprehensible way in Africa, Europe, Canada, the United States, Paraguay, Chile, Brazil, Australia, India, Japan, China, Southeast Asia and the Russian Empire. At first glance it may seem that this is simply a single architectural style that has spread throughout the world thanks to banal exchange and imitation. However, upon closer inspection, completely inexplicable facts are revealed. Some architectural elements of buildings and structures in different parts of the world are not just similar, but absolutely identical. Sometimes they correspond to the millimeter, as if they were printed by a 3D printer, or cast into the same standardized shapes.

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<sup>1</sup> Given that in reality the European coalition (which was not only European, since the Ottoman Empire also participated) emerged victorious from the Crimean War, this means that the meaning of the sentence is that it was Great Tartary (or rather, the heirs of the same, i.e. the Russian Empire) to lose Europe.





*Identical capitals in New York and St. Petersburg*

And the explanations of some historians saying that this is some kind of a "colonial" architectural style that spread throughout the world together with the colonialists who brought civilization to the "savage" peoples are clearly untenable. The bottom line is that it's one thing when the natives try to copy a palace on their island, which one of the tribesmen saw after visiting distant countries inhabited only by whites. It is quite another matter when the quality of the structures is absolutely everywhere at the highest level, and many elements of the buildings leave no doubt that they were built to uniform standards. If we assume that all "colonial" cities were built by newcomers from the Old World, then we have to admit that they were designed in the same institute.

In addition, hundreds of thousands of skilled workers, foremen and engineers were needed for such large-scale construction projects, but where could they come from, for example in Australia? Did the British teach the necessary skills to the natives? Or were tens of thousands of top-level trained specialists brought there by ships? Obviously not. Apparently, the level of technology and standards were the same all over the world. Chinese cities were no different from European ones and all others, and they looked exactly like St. Petersburg, London or Washington. At that time, the imperial style dominated, which is now officially called "Empire", apparently so that no one would guess.





Ruins of the Yuanminguan Palace in China.  
Destroyed in 1860 by Anglo-French troops during the Second Opium War..

The very name of this architectural style contains the answer to the question why there were no national architectural features. Because the empire was planetary, and it wasn't Britain at all. The answer to the question of where the center of its capital was can be surprisingly simple: there where the center of geographical coordinates was, and this is predictable and logical. It remains only to remember at which point the prime meridian was. The zero meridian was, at that time, the Pulkovo meridian. So, it turns out that the center of the world until the middle of the 19th century was St. Petersburg. To understand where the new center of the global world empire is, it is enough to know where the zero meridian is, as well as other symbols of the supreme power, such as a scepter, an orb and a crown with the purest of the largest diamonds.

How could a small island state, where criminals and other anti-social elements had been exiled in previous centuries, become a metropolis? The answer to this question, as is often the case, lies in the question itself. Here it is necessary to touch on a very delicate topic, very painfully perceived, first of all, by the British themselves, who firmly believe in the antiquity and unity of their "nation". In none of the official sources will you find any mention that the "Misty Albion" in the past was an ordinary penal colony, a natural prison that does not require funding and has no staff and guards.

But through indirect signals, and following the common sense, I convinced myself that this version has a right to exist. You see, we also know the eastern analogue of Britain: Sakhalin; and this fact is fully within the laws of sociology. Always in any moment, a certain stratum of society will surely belong to members with a criminal conscience. In any society, the most



spiritual and enlightened, there is always a certain percentage of those who need to be isolated for the sake of the safety of the whole community.

**Sociology is an exact science and no one can delete the laws of the development of society. If a critical mass of those with nothing to lose accumulates in a society, then a revolution becomes inevitable.**

The easiest way to solve this problem is the existence of an isolated place from which it is impossible to escape. And those places were the islands. Just dump all the convicts on the shores of the island and let them create their own hell there. I think with a high degree of probability such a place was England. It is for this reason that the data of DNA genealogical studies conducted among the indigenous population of this country confuse scientists. They can't make ends meet, and try to explain the reasons for so much genetic heterogeneity of the British.

Their distant ancestors have genetic markers characteristic of representatives of various peoples, coming from the most different corners of Europe, not bordering on each other. But this paradox is resolved automatically if we recognize the correctness of the version that England is the European "branch" of Sakhalin. And, if this is the case, then we must take into account the worldview of a criminal type, formed over many generations among the descendants of convicts. In fact, England is a large pirate ship, the crew of which is made of sophisticated and unscrupulous bandits, who are used to considering everything around them as their property and are extremely unscrupulous in choosing the means of reaching their goals.

It is clear that just as Tartaria, accustomed to defending its interests with an open visor, did lose against the treacherous Oldenburgs. So the Russian Empire, which itself became Tartaria, could not resist the treachery of the Anglo-Saxons. Here it would be appropriate to make a very illustrative comparison.

**The zero meridian was, at that time, the Pulkovo meridian. So, it turns out that the center of the world until the middle of the 19th century was St. Petersburg.**

During World War I, one of the Russian aviators suggested to Emperor Nicholas II that they use airplanes as bombers. Nicholas II categorically forbade the introduction of such an experiment, calling it barbaric and in violation of the rules of warfare. Meanwhile, German airmen were not so scrupulous and, not caring for the rights of enemy soldiers, and they were the first ones to bomb from airplanes.

But the awareness of the "national" character of the British is not enough to understand how they managed to usurp power on the planet, taking it away from the previous masters of the

world. And here, to help us, a simple chronology of events. Without forgetting for a second that the fundamental principle of government is division, let's look from the outside at what happened in the world immediately after the end of the "Crimean" war.

To begin with, it was necessary to finish off France. The British have phenomenally resolved that issue. First, they convinced the Slavs of Germany that they were the descendants of the ancient great Germans. This trick killed two birds with one stone: in the first place, a huge region in the center of Europe finally left the sphere of influence of Russia, and secondly, in the person of the Germans, the British received an ideal weapon for eliminating the French. Several years of subversive work, in 1870, an unprecedented tornado of war had swept across Europe. The damage from the fighting in the Franco-Prussian War was horrendous. France after this war looked exactly like Hiroshima and Nagasaki after the nuclear bombings.



The French Ministry of Finance building after the bombing. Paris, 1871

As a result, France turned from an empire into a republic, lost Alsace and Lorraine and was forced to rebuild cities from scratch. At the same time, the new cities looked nothing like those of their predecessors. This is how the "French national" architecture appeared. And Germany not only broke away from Russia, but created its own small empire and, according to the new national identity, began to create its own architecture and culture. Golden times came for German writers, poets, composers and architects who created a new nation unlike any other.





The war and the Rockefeller-artificially-created stock market crash of 1873 plunged Europe into an unprecedented economic depression that cost millions of lives. Then, when everyone was hungry but at the same time received a "national ideal", a massive unification of lands on a national basis began. So, for the first time there was only one country of Italy, and it was 1871. It would be good to remind those who are moved by listening to the romantic stories of "medieval Italy".

By some mystical coincidence, a famine of catastrophic proportions broke out simultaneously in Persia, India and China, which were not at war. In total, in these countries more than 41 million people died of hunger. Such losses simply do not get into the head, but in schools, if these events are mentioned, then, as always, separately, they are considered as if they happened in only one of the countries. For example, a school teacher, speaking of the famine in Persia in 1871, will mention two million dead. Then one day, when it's time to study Chinese history, the same teacher will talk about the famine of 1876, which claimed the lives of over 13 million Chinese. Of course, it would never occur to anyone to link these events together, including the teacher himself.

And all this is happening against the background of the Russo-Turkish war of 1877-1878, which led to the emergence of another country - Bulgaria. The Holy Roman Empire, torn apart, is trying to organize itself on new principles, and a tripartite alliance of the Russian, German and Austro-Hungarian empires arises. And this fact, of course, did anger the British. On paper they had detached huge territories from Russia, but in reality, the situation had not changed. Only the territories west of Germany fell under the influence of the British Empire, and there is no doubt that preparations for the First World War began at this time.

It was necessary to create a nation hostile to Russia, and already in the seventies of the nineteenth century a long-term process was started. It was then that tourist guides for Russians began to be printed in Germany, where tables of correspondence with new names of cities familiar to Russians were given. The process of de-Russification of Germany began with the renaming of cities, however even today hundreds of Russian toponyms on the territory of this country remind of its recent Slavic past.

And in Russia, at the same time, the creation of a "fifth column" was actively beginning. A liberal opposition appeared, carrying out covert subversive activities aimed at arousing the discontent of the common people and pushing for revolution and civil war. Emperor Alexander II in 1881 also became a victim of this opposition. At this point United States, France and Great Britain, no longer hidden, act everywhere as a united front and without the joint participation of these three countries there will be no war in the nineteenth century. During this period the Anglo-Saxons developed particularly vigorous activity in China, Southeast Asia, Afghanistan and Pakistan, countries just on the southern and eastern borders of the Russian Empire. There is no doubt that it was these efforts that soon led to the Russo-Japanese War.

The same efforts wiped out all the cities of these territories, whose architecture was identical to that of Europe and America. Thus began the creation of "unique" oriental cultures, which today are considered one of the most ancient on Earth. Most likely, Alexander III was well



aware of what exactly was happening. Then the significance of the Franco-Russian Union, concluded in 1891, becomes clear. On the one hand, this step made it possible to delay the onset of aggression by the British puppet, Japan, from the territory of China occupied by it, and from the other finally made the battle for Port Arthur in 1904 inevitable.

It is very likely that it was in these years that the decision was made to finally "cover up" all the cheap but effective technologies that were known before the defeat of Great Tartary, as well as the knowledge of the structure of the world. In the last decade of the 19th century, the path of the technocratic development of civilization was chosen, which made it possible to profit from the sale of goods and services that humanity did not really need. For this reason, alchemy was banned together with all cosmological theories, except the heliocentric one, and scientific knowledge gradually turned into an instrument of control of the masses.

In general, almost all the achievements of modern civilization that we use today were born in the second half of the nineteenth century. The twentieth century, and even the twenty-first, has not given us anything fundamentally new except, perhaps, only information technology. Everything else is just a development of what was invented in the 19th century.

This circumstance seriously makes us suspect some kind of collusion, thanks to which it became possible, in practice, to "shoot on the fly" the emergence of technologies never seen before. As if someone deliberately wants to direct the development of mankind along a specified path. A path which, as it has now become clear, is a dead end leading to the self-destruction of humanity.

And to achieve this goal, a situation was artificially created that literally formatted the consciousness and memory of generations, and without the need for any mysticism. Enough to plunge the world into the abyss of wars, epidemics and economic crises. All this contributes to the mass extermination of representatives of the best part of humanity, bearers of knowledge, an advanced way of thinking and possessing physical and mental health. The others, forced to move to places far from the traditional habitat territories of previous generations, lose their roots: experience and knowledge accumulated in previous millennia. It is these people who subsequently reproduce like them, which leads to degradation.

**In general, almost all the achievements of modern civilization that we use today were born in the second half of the nineteenth century. The twentieth century, and even the twenty-first, has not given us anything fundamentally new except, perhaps, only information technology.**

The following fact is very indicative: scientists are furiously arguing about exactly where the one known as the "Battle on the Frozen Lake" took place. It never occurs to them that the local population, who witnessed these events, can still remember where and how it all happened. There is a small village in the Pskov region called Mtezh. It is located on a peninsula in Lake



Pskov, where the narrowest point between its western and eastern shores is located. And that part of the lake, which borders on one side with Mtezh and on the other with the Estonian coast, is called the Warm Lake. How come? Because from below, in this place, a great many springs beat, which even in a cold winter wash away the ice from below, and make it extremely fragile.

Even nowadays, several fishermen or border guards die in this place every winter. And now attention! Where and why did the "dog-riders" go on the ice? Why did they safely cross the entire lake, namely near Pskov itself, but suddenly began to go under the ice? The answer to this question is quite simple. The meaning of the land becomes clear if the origin of the toponym Mtezh is known. In ancient times, this narrowest point of the lake was the shortest route to Europe. And on all trade routes there were customs points, which in the past were called "Mytnye huts". Myto is a kind of road sign, as is tamga. Therefore, Mtezh is not a proper name, but simply a customs point.

The ancestors of the modern inhabitants of Mtezh have not moved anywhere for centuries, therefore the village chronicles, passed by word of mouth from grandparents to grandchildren, have preserved detailed descriptions not so much of the battle itself, as of its consequences. Traditions say that Alexander Nevsky's warriors rode through the village from the side of the Hot Lake on horseback, and those captured walked barefoot in the snow, holding the horses' stirrups with their hands.

And the goal of the knights, most likely, was the Mytnaya hut, in which several gold and silver coins periodically accumulated. Everything is simple and clear. In fact, the "Frozen Lake Battle" turns out to be an ordinary police operation to protect the "bank branch". Not so romantic and patriotic, but real.

This is what the continuity of generations is! And you don't have to break your head. The location of the Battle on the Ice is known for certain. Immerse yourself and dig the bottom of the Hot Lake. It is true that not many artifacts can be counted on, because the number of casualties on both sides is clearly overstated.

Indeed, several examples can be quoted, but even this is enough to understand the essence of the processes that contribute to the erasure of the historical memory. And it becomes obvious that these processes took on a global scale in the 19th century, and then received a powerful development in the first half of the 20th century. Moreover, human nature is arranged in such a way that there is no need to globally deceive it, just push it. Greed, vanity and lust for power make us participate in processes that contribute to the destruction of true history.

As soon as a situation arises in a place where it becomes possible to appropriate someone else's material or intellectual property, the applicant immediately appears. Someone finds a marble statue, and immediately there is an "owner" who says: "Here, look! Such statues were made by my ancestors, the great Romans, Greeks, Byzantines (you select from the list), which means they also lived in the lands where this statue was found. Therefore, according to the inheritance law, this land is mine!"



And this is all. No conspiracy is required. A person without memory is helpless and weak. And to make it so, the above catastrophic circumstances are arranged, which contribute to the reformatting of history. Perhaps the only thing I haven't named yet are the big fires. See what happens:

- 1811 Kiev
- 1812 Mosca
- 1842 Amburgo
- 1871 Chicago
- 1882 Boston



*Chicago after the 1871 fire*

And this is not a complete list of fires, after which cities were rebuilt, almost from scratch. In most cases, these fires were not caused by military action. And how many cities were completely wiped off the face of the earth during this time - so many that it is impossible to even count. Those cities that we usually consider ancient, Paris and Lyons, for example, are actually among the youngest, because the truly ancient cities were destroyed in the 19th century, and only their names remained. And the process of reformatting civilization according



to this scenario has reached a new level in the twentieth century. When material evidence was largely destroyed, the main "killer" of history was information.

*Original source: <https://artsgtu.ru>*

## **Tom Bosco**

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Tom Bosco, born in 1958, he lived and worked in the province of Padua, Italy, until 2018. After completing his military service in the parachute corps, in 1983 he made his debut in the advertising sector, first as a copywriter and audiovisual producer, to then specialize in directing industrial documentaries and which will keep him busy until the early 90s. In 1994 he went to the USA where he obtained his FAA commercial pilot license with instrument rating for single and multi-engine flying and there he met David Hatcher Childress, publisher and distributor of the US edition of NEXUS, who referred him to Duncan Roads, the publisher Australian, with whom he agrees on the rights for the Italian edition of the magazine, the first ever in a foreign language.

Since 1995 he has been involved as co-editor and journalist in the production and distribution of NEXUS in Italy, contributing to the dissemination of decidedly unusual topics, what today is superficially defined as "alternative information" or "counter-information". From 2004 he was its director in charge until 2018. Together with the director Candido Torchio, he made the Italian edition of the DVD "911-In Plane Site", one of the best US documentaries dedicated to dismantling the official version on the tragic events of the 11 September 2001. He has periodically written on the Internet site of the magazine, [www.nexusedizioni.it](http://www.nexusedizioni.it).

In addition to attending numerous congresses as a speaker on various topics, he worked with his staff to organize three national NEXUS conferences, crowned with great public success. He often speaks on radio and television broadcasts. He manages or participates in various formats on YouTube.



**ELECTRONIC KARMA**  
***The quantum structure of Fate and Destiny***  
***according to the Ascended Masters***

by ***Lorena Di Modugno***



***As above so below***

Every living and existing thing is constantly vibrating in the Intelligent Body and in the Love of God. Because God is All and dwells in every aspect of life, He has so many Messengers to assist Him. Like a chief executive of a large company, he does not deal with every single service existing in his vast organization but he avails himself of the assistance and the collaboration of an innumerable host of trusted and well-trained beings who are fully connected with his Divine Intelligence. In turn, they draw on other collaborators who report in detail on the various tasks performed in the different subspheres, and so on ad infinitum. There are therefore many Messengers of different grades are responsible for each of the different departments of life, and report to their superiors.

Any individual who has ever lived on Earth, or some other planet, and has achieved the Ascension Victory has become an Ascended Master therefore a true Messenger of God. Ascended Masters ensure that there are thousands of them and that there is a great Divine Being who he is in charge of every department of life. Some work with humanity on an individual level, others with groups, nations, the elemental kingdom and Nature, animals and





every aspect of life. Others work with the Angelic Host and each can be considered a specialist in their particular field of operation.



This Great Spiritual Hierarchy, known as the Great White Brotherhood, is composed of these Ascended Beings, many of whom have lived on Earth in physical bodies like any other human being. Through the application of the Laws that govern life, they have been enabled to a Sphere of Higher Service. Some of them, wishing to assist terrestrial humanity in difficulty, have even given up serving their own Spheres of Beauty and Perfection and have remained hooked on earthly events, bringing you assistance (only when they are invited to do so, because by Cosmic Law, it is not allowed to interfere with human free will). With their choice, they have thus become real "Prisoners of Love".

Great Men like Buddha, Moses, Jesus etc. they were messengers of God (as they carried a message to man from the Creator). They belong to this Great White Brotherhood and currently function as messengers of God in the Higher Levels of existence. But most of these Ascended Beings serve by remaining unknown and without acclaim or recognition from humans. One by one, these Masters of Light achieved their Ascension and joined the ranks of other Messengers of God who love and serve humanity.

Most of mankind has forgotten:

- a) The great Cosmic Laws that govern the Earth and humanity and the Divine Project foreseen for every being which, if fulfilled, ensures Love, Peace and Happiness.
- b) the existence of this Great Spiritual Hierarchy that has guarded humans trying to guide them for eons of time so as to prevent them from completely destroying themselves and the planet.

The Ascended Masters have thus undertaken the task of re-establishing a link between the human and the Divine, in order to offer God's enlightenment to all who desire it and to those who are to play a role with all nations, races and cultures in way to develop the ability to be a



polite and tolerant Brotherhood, so that each one is free to pursue the indications of his own heart, and spread his own Divine Light by implementing the Mantra: "*May your kingdom come, Your will be done on Earth as it is in Heaven*"!

Indeed, the intent of every true spiritual teaching is to help sincere seekers of the Truth find God in their hearts, a living God by whom they feel filled with Life and Intelligence. Once you find *The Source* within you, you must be taught to grant It the privilege, the honor and the courtesy of directing your individual existence so that The Divine Plan can be fulfilled, enjoying the inner certainty that God's Plan provides everyone always and only blessings and happiness.



The Ascended Masters have promised that they will continue their selfless service of training and counseling until each individual has reached the milestone of Ascension and Peace and Highest Good is achieved upon Earth from all expressions of Life. It is no coincidence that according to these Masters, as a direct consequence of a process already underway, the Golden Age and Freedom is upon us. Soon an Earth as beautiful as the Divine Light will replace any filth that currently exists. Indeed, the Masters promise a planet where only Peace and Beauty will exist. Happiness will dwell in every living being due to the fact that following the planetary Ascension, poverty, disease, war and death will no longer exist.

**I Great Men like Buddha, Moses, Jesus etc. they were messengers of God (as they carried a message to man from the Creator). They belong to this Great White Brotherhood and currently function as messengers of God in the Higher Levels of existence. But most of these Ascended Beings serve by remaining unknown and without acclaim or recognition from humans.**



### ***The Purpose of Life***

According to the Ascended Masters it is extremely important to have a clear understanding of what one's purpose in life is and what goals one has set out to achieve when we have accepted the existential plan of our incarnation. According to these wondrous Beings, the wisest purpose in life consists in fact to actively try to answer these questions, ceasing to waste time in materialistic activities. In this era, full of both planetary and cosmic transformations, it is in fact essential to make one's life and energies available, in order to facilitate the external manifestation of the Divine Perfection on Earth and collaborate to make it the brightest Star in our Solar System.

Perceiving the inner drive to **bring greater perfection into one's world and that of others** means having an open mind and a compassionate heart, to which must be added a sincere willingness to put oneself to the test in a concrete way. It is no coincidence that every gift that humanity savors through music, art and inventions, before manifesting itself in the outside world, was a vision or a thought in the mind and heart of some individual connected with the Divine, even if unknowingly.



It should in fact be specified that according to the Ascended Masters any attempt to make humanity evolve corresponds in reality to a manifestation of "God in Action", to the human connection with that One God who created all that exists and who constantly blesses all the vital energy that circulates in the cosmos, bringing Beauty, Peace, Freedom and Perfection





everywhere. This process should consequently be extended and applied to the vision of full Freedom on planet Earth. The Ascended Masters have in fact made available to a dormant Humanity some basic concepts, which are normally recognized in spheres of existence that dwell in realms higher than the 4D, with the aim of offering a deeper understanding of God, His Messengers and the Divine Plan, for the benefit of this Cosmic Moment, in which the contribution and assistance offered by willing and sincere humans can be truly considerable.

**Perceiving the inner drive to bring greater perfection into one's world and that of others means having an open mind and a compassionate heart, to which must be added a sincere willingness to put oneself to the test in a concrete way.**

### ***An Unveiled Mystery***

*"Seek and you will find  
ask and it will be revealed  
knock and the door of your Freedom will be opened.  
Enter and be at peace!"*

Knowing how the Ascended Masters are operating in our time allows us to decide whether to work with and to assist Them. In fact, it is not so important what they have accomplished in the past. Instead, humanity needs to know what is taking place in the present, in order to unify the energies and enhance the protection and blessing of the Earth. This is why the Great Beings have offered the explanation of Creation and have made themselves available to answer the fundamental questions of existence of which they know the answers.

They know that by understanding and applying these Truths, we too can attain Their Freedom. They also know what self-conscious effort must be made by each human being to attain the Sovereignty They enjoy, and they offer to show us how to proceed.

The first point to settle concerns the difference between **Fate** and **Destiny**.

Etymologically Fate means a decreed response announced as an oracle that stands halfway between the human and the Divine. The Latin meaning coincides with "the word spoken" (by the divinity) to which one must adapt and which it is useless to try to escape. The term fate indicates being subjected to an event or a series of unknown events, which are perceived necessary even if they randomly appear, which guide the succession of events according to an unmodifiable order.



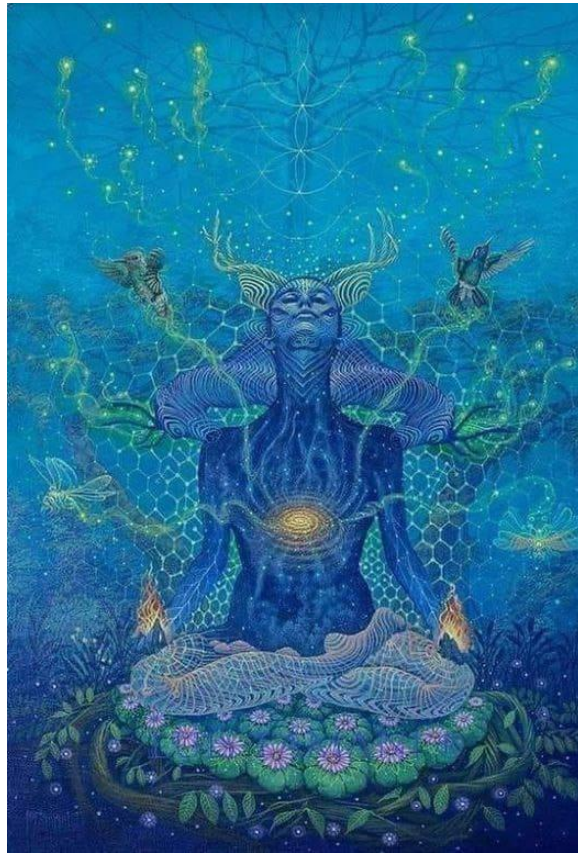
On the other hand, **Destiny** is defined as an invisible force that pushes people to act in a certain way. It is a bit like the wind, which cannot be seen but whose strength can be perceived. Destiny can be transformed as it is connected with individual qualities. If everyone is the architect of his/her own destiny, the concept of destiny therefore contrasts with the concept of Fate. That implies resignation and passivity in the face of the immutable course of events.

For the Ascended Masters, Fate and Destiny coexist and mutually intertwine in a dynamic and **never immutable** way depending on how the individual treasures the lessons faced and learned and how much he/she turns, more or less intensely, towards the Light and his/her spiritual evolution. Fate and Destiny can be considered the founding elements of **Karma**, not an arcane and mysterious force, but a complex of situations that a human being creates through his/her own work. There would be some aspects in karma that are extremely ductile and modifiable by human work, others more marble-like, which constitute real milestones to be faced, but which can always be reclaimed by the extraordinary intervention of the Karmic Tribunal of the Ascended Masters, in relation to the individual's commitment, motivation and evolutionary sincerity during his or her incarnation.

The Ascended Masters are in fact always available to help man purify and harmonize the four lower bodies (physical, etheric, mental and emotional) so that each one learns to 'free up' the Inner Divinity and to realize one's *raison d'être*. Being in contact with a Good God, whose will is that living beings be happy and at ease (and this applies to every being on Earth), these Great Teachers observe and respect the "Law of the Circle", according to which every person sows with thought, feeling, word, deed the good or the disharmony. In some appropriate way



and place, he/she will reap in due time. According to this Law each individual is therefore the sole creator of his/her own happiness or despair.



**Knowing how the Ascended Masters are operating in our time allows us to decide whether to work with and to assist Them. In fact, it is not so important what they have accomplished in the past. Instead, humanity needs to know what is taking place in the present, in order to unify the energies and enhance the protection and blessing of the Earth.**

## **THE LAW OF THE CIRCLE**

It is also known as the *Law of Retribution* or the *Law of Cause and Effect*. The Law of the Circle refers to the aspect of Cosmic Law which is **defined as** Karma. Even though humans have not yet learned to predict its effects, it works infallibly in generating the consequences resulting from human actions. Indeed, Ascended Beings argue that it would be much wiser and safer to live within the Law of Harmony until the Element of Love that dwells within each has developed to the point where it becomes spontaneous to desire to live constantly in the frequency of Love. Indeed, the Law of the Circle governs all manifested life, from the smallest molecule to the Divinity.



Indeed, humans have not been taught that every expression of life is endowed with a certain amount of energy, according to its own needs and development, through which the opportunity to experience and expand the Divine Harmony is bestowed. This light energy is the channel through which the vibrations travel and the distance it is able to travel depends on the intensity with which it is projected. Every particle of this precious energy drawn from the Heart of the Divinity, by Divine Edict is charged with absolute obedience to the will and command of man and this is the highest expression of God's love and of the Generosity that he reserves for His children.



However, as a conscious expression of life, man is held responsible by the Cosmic Law for the use he makes of this Divine energy which, in his outward and return journey, obeys the Law of the Circle.

Furthermore, there is no error in the return of the energy emitted by man and no one can deny his model of vital energy imposed on any part of life in a constructive or destructive way before the **All-Seeing Eye of God**, because the mark of his work imprinted on each molecule of energy received is like a "stamp", like the indelible imprint on one's qualifications. Everyone must answer to life for what he/she has accomplished.

Few people know that as the energy is emitted, it attracts vibrations along its journey that correspond to its frequency speed. From the time it completes its circle and returns home to its creator, it is accompanied by a number of thinking and feeling vibrations which possess the





same quality with which it was initially imbued. Furthermore, when the return energy touches the aura of the person who projected it, it restructures itself and begins to germinate the seeds that produce the harvest of what was previously sown.



The Ascended Masters urge us to be very careful about how we use energy, because depending on how we send it, upon its return, we will receive happiness or pain. We must also pay close attention to how words are used, because every time we pronounce a sentence, energy comes out of the mouth and creates a thought-form consisting of the model of our life flow. Earthly Suffering depends on the fact that God has given the human being free will, as the privilege of being a Creator like the Father himself. Free to experiment using one's vital energy as wished for, if out of superficiality or with the intention to harm the individual breaks the Divine Law of Love and Harmony and causes discord, the same imperfection will return to the sender and the individual will face equal difficulty.

**Ascended Beings argue that it would be much wiser and safer to live within the Law of Harmony until the Element of Love that dwells within each has developed to the point where it becomes spontaneous to desire to live constantly in the frequency of Love.**

### ***The Deception of "Salvation"***

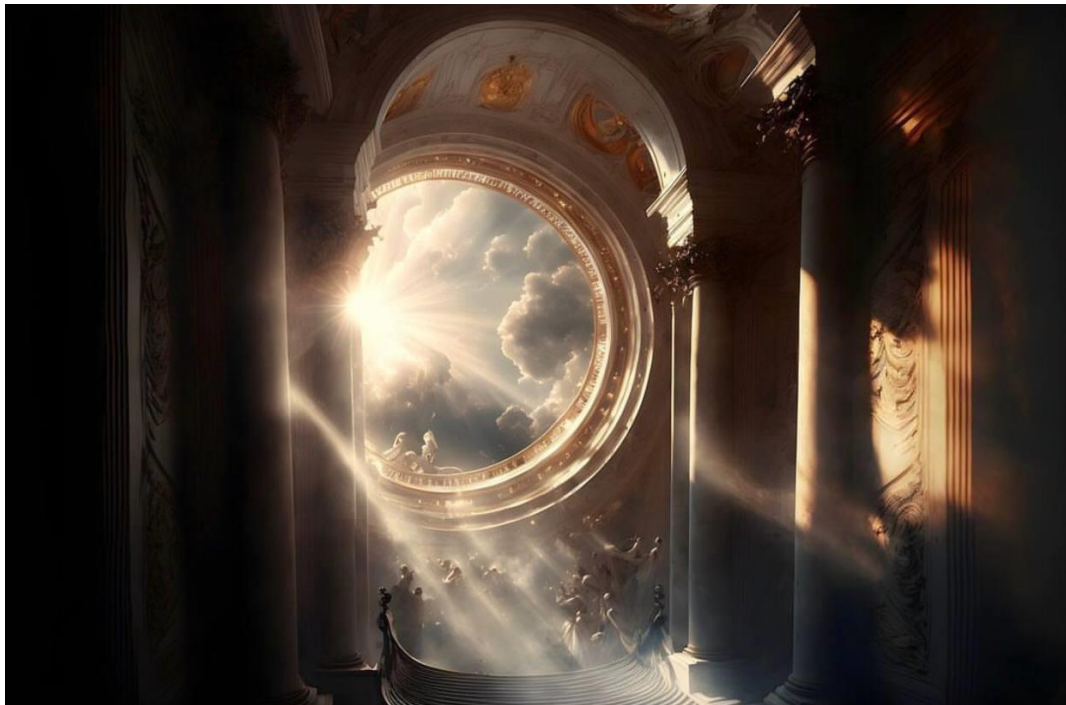
At this point it is good to clarify that the Ascended Beings offer every possible assistance to those who invoke them, but none of Them can replace us! No one was born for us, no one lives or dies for us and no one can save us. It must therefore be clear that spiritually speaking, it is not possible for **anyone** to 'save' anyone else! However, as long as humanity chooses to think and perceive qualities that create reasons for anxiety, they will remain. For this,



individuals must spontaneously desire and commit themselves to expressing the constructive qualities of Light, Love and Peace to see them manifest in their own world.

Everyone must learn to proceed on their own strength learning to know the Individualized Presence of God "I AM" that envelops every human being, knowing that this Divine Presence is anchored in every heart and can be **contacted through a Love that forgives and transmutes** errors of the past, again in Perfection.

The Ascended Masters and Cosmic Beings (especially Ascended Master El Morya, the Maha Chohan and Ascended Master Saint Germain, who is responsible for Earth for the next 2000 years in bringing the Era of Freedom to all life forms) are the promoters of the activation of this **Divine Connection**, although all the Ascended Host of Light are participating in this gigantic task.



In response to the prayers and the decrees of the students who are knowingly working with the Ascended Host, a *bridge of energy* has been built that is constantly being held and reinforced by all who acknowledge the existence of the Ascended Masters and invoke them. In every age, there are also some individuals, trained over the centuries in this particular service, who incarnate with the task of maintaining this 'bridge' of contact with the Ascended Host of Light in order to transfer Their message to the people of the planet.

In agreement with the specific training of the individual, some of the chosen ones "see" while others "perceive" the information they receive, but there is never any trance situation, loss of consciousness or loss of control of mind and body, nor personal glorification by these carefully selected and authentic contacts. This allows these individuals to consciously cooperate with Ascended Beings at times when it is truly necessary. Even the 'prophets' have shown themselves capable of carrying out this task, but only those who have been specifically trained for this task have shown themselves capable of giving a clear and truly reliable message.



According to these Beings of Light, **authentic contact** is always under the control of the mind and body, because They NEVER operate in situations of dim light or darkness but always in full light, inviting their mediators to achieve any earthly experience through the Power of 'Divine Love.

Many people, who see and perceive deep levels of consciousness and receive from the spiritual world many beneficial suggestions for the management of one's life, do not fall within the small number of individuals chosen by the Ascended Masters to be a qualified instrument, able to disseminate Their instructions throughout the planet and for an entire era.

Furthermore, the calls that people make to God are actually received by these Ascended Masters as Messengers of God. The informational vibrations coming from the Higher Spheres are in fact so fine and delicate that very few are able to receive them and decode them clearly, in order to act on the received suggestions. When the Ascended Masters find in a physical incarnation a trained and tested contact capable of receiving Their instructions. This makes it much easier for them to convey the Truths of life to humanity through it.

However, Ascended Beings specify that this type of connection has nothing to do with spiritualism and with calling the attention and thoughts of deceased people (They emphasize that this type of contact delays the progress of the deceased). For the Ascended Masters the "**true contact**" is the one that proves capable of evolving awareness in order to favor the encounter with the Superconsciousness of the Ascended beings.

Having conquered the material world and abiding in the fullness of God's Love and Wisdom, Ascended Beings, when contacted, offer instructions steeped in truth which, if strictly followed, will enable human beings to attain True Freedom.

**Everyone must learn to proceed on their own strength learning to know the Individualized Presence of God "I AM" that envelops every human being, knowing that this Divine Presence is anchored in every heart and can be contacted through a Love that forgives and transmutes errors of the past, again in Perfection.**

## **KARMA AS A RESULT OF THE QUALIFICATION OF ENERGY**

The life of people who live on Earth is bound by material laws that limit every sector of earthly existence. But on closer inspection the entire Universe, of which our Planet is but a very small element, is governed by a great law, known as **The Great Cosmic Law of Pure Divine Love** which regulates bodies, spiritual growth, evolution and even the individual happiness of each living being.

We have already seen how the troubles and anguish that afflict today's man are caused by his disobedience to this Divine Law of Love and how the discordant energy produced falls on its



creator both individually and collectively (Karma). The Ascended Masters have explained that Planet Earth, being a planet of evolution and development, especially with regard to the emotional sphere, requires incarnates to acquire mastery **in qualifying the energy of the world of feelings**, because in this school of the Cosmos it is the emotion which, while qualifying our actions (physical, mental, emotional or etheric) determines our karma.



According to the Ascended Host the concept of energy qualification is more important than anything our outer mind can grasp, because the world of feeling is the energizing power whereby all thoughts become things in the world of form. Consequently, by activating ideas of all kinds, man constantly uses the Vital Energy and the Spirit (we would say the motivation) and by shaping the Vital Substance, he determines the effectiveness of the current and future manifestation.

**The Law of Retribution**, called the Karmic Law, also takes note of any small detail that has been committed by every member of humanity that has been a part of the human race for eons of time. So, the quality and the Spirit that we bring into play through our world of feelings determines the happiness or unhappiness that will manifest itself.

Since by Divine Law, every incarnation is recorded in the "Book of Life" any man, woman and child must, in one way or another, atone for the errors committed against Life and Love, both in previous existences and in the current incarnation. According to the Ascended when our emotional sphere is attracted by a destructive intent, if it gives rise to a corresponding action, it commits a **'sin against the Holy Spirit'** which is mostly **unforgivable**.





The Ascended Masters have sometimes shown a select few how God's mercy has hidden most of man's memories and disharmonious actions during previous lives. Nevertheless the account must be balanced. It is no coincidence that evil or destructive creations not yet transmuted upon Earth (i.e. not yet counterbalanced by all incarnations involved) currently create great tides that spew destruction in the form of tornadoes, earthquakes, and any other frightening manifestations that human conscience is pleased to label them as "accidents".

**The Ascended Masters have explained that Planet Earth, being a planet of evolution and development, especially with regard to the emotional sphere, requires incarnates to acquire mastery in qualifying the energy of the world of feelings, because in this school of the Cosmos it is the emotion which, while qualifying our actions (physical, mental, emotional or etheric) determines our karma.**

### ***Reincarnation as a formative-reparative process***

The Karmic Law allows individuals a series of periods, marked by pre-established intervals, called earthly incarnations, during which individuals are expected to participate in the mission of their Spirit. After this period, the personality is withdrawn to make space for the spirit of another individual awaiting redemption. This 'entering' and 'exiting' of individuals is called 'Birth' and 'Death' and corresponds to a series of recurring episodes in the evolution of every being who uses planet Earth as a schoolroom. Through the recognition of "re-incarnation" as an evolutionary and reparative tool, it is therefore possible to understand the nature of the



evils existing in the world, which have invariably been generated during one or more incarnational periods.



Therefore, leaving the terrestrial stage is therefore only the transfer of the individual to a place of rest and peace where he/she can renew his/her energies and receive precious instructions, before the next evolutionary stage on Earth. In the moment of the so-called death, Consciousness remains in fact in the fourth dimension, i.e. beyond the dissolution of the physical body, where the *intermediate life* takes place, and then it returns after having further enriched its personal patrimony which forms the foundations of its new life experience on Earth. For those who have successfully fulfilled their Divine Plan, it even corresponds to an Open Door to Eternal Freedom. It goes without saying that the richer and more perceptive our individual consciousness is, the faster our growth will be both in the terrestrial and in the otherworldly dimensions.

The Ascended Masters also point out that no incarnating individual receives more destructively created personal karma than his/her development allows him/her to fully atone in a given lifetime. There is no sickness, distress or condition established by the law of Justice and Mercy which is to be experienced in one incarnation, greater than the consciousness and power developed by the individual to whom that specific karma belongs. Indeed, what would



be the Divine Justice and Mercy if debts returned faster than the power developed within the individual to be able to expiate them effectively? The Ascended Host also underlines that the Power that allows to atone for every shred of karma (to be understood as an unfulfilled mission) that belongs to each individual and must be transmuted during each earthly life, **is located within the Holy Christic Self.**



Due to the "fall of man" and his slow ascent towards the Consciousness he enjoyed before his progressive existential collapse and due to the balance that everyone owes to the Law of Life, due to the improper use he has made of the Divine energy that has been bestowed on, there are very few people who know and love the Divine Inner Presence and are capable of externalizing that power to achieve the balance of accounts. Incredible as it may seem, the Ascended Masters ensure that when human beings learn to connect to It, disease, death, disintegration and failure will cease to exist on Earth.

**Through the recognition of "re-incarnation" as an evolutionary and reparative tool, it is therefore possible to understand the nature of the evils existing in the world, which have invariably been generated during one or more incarnational periods.**

## **THE QUANTUM STRUCTURE OF ELECTRONIC KARMA**

At this point of the discussion, it becomes indispensable to deal with the issue concerning the quantum constitution of the flow of Vital Energy constantly bestowed on every living form by the Creator, whose substance is made up of tiny luminous, pure and perfect particles which are called to obey, only out of love, whatever is asked of them.





### ***The Mystery of the Divine Electrons***

These luminous particles, which we will call "electrons", are the smallest manifestation of life comprehensible to humans. Electrons, made up of a very **Pure Universal Luminous Substance**, are considered by the Ascended Masters to be the **Body of God**. Endowed with their own intelligence, they are the founding elements of the physical world and with their movement, speed, organization and vibratory frequency they give rise to the innumerable types of atoms which in turn make up the matter we know. It is actually the **Creative Power of God** which (being the essence of the Universal Luminous Substance of which electrons are made) vibrates in these particles of Light determining the frequency of each atom.



According to the Ascended Master AEolus, being all manifestation contained and part of the Body of God, the sparks of Electronic Light can only be extremely sensitive and obedient to the direction required of them by the Creator. In fact, everything is in continuous movement, everything pulsates incessantly because it turns towards an ever-greater expansion and knowledge of itself and of the existing.

All human beings have an unlimited amount of this Universal Luminous Substance that wants nothing more than to be magnetized with the intrinsic qualities of the Divine (Beauty, Harmony and Perfection) in order to do its job and be able to bless and fill everything with Light or living thing with which they come into contact. Unfortunately, in addition to being unaware of the wealth at his/her disposal, today's human being ignores that he/she is the sole creator of his/her own happiness or misfortune.

From the point of view of the Ascended Masters it is therefore essential to know more precisely the quantum structure of karma, understood as the return trajectory of the electrons which, starting from the Great Central Sun of the Galaxy (which according to some spiritualists corresponds to Alcyone, the Sun of the Pleiades) reaches every living being in the Milky Way to ensure life and evolution on every existing planet and star within its jurisdiction.



According to the Holy AEolus, electrons have a different elementary structure from individual to individual, comparable to snowflakes which corresponds to the unique and unrepeatable model of the identity of each I AM Presence. In fact, every living being continuously requests from the Central Sun large quotas of vital energy whose electrons, every time they are "delivered ad personam" are branded with the specific electronic model of the applicant.

Most of the time the individual unknowingly receives this precious energy of Life and uses it as he/she pleases without knowing that sooner or later he/she will have to account for the way in which he/she has used it.

If he/she uses it in a harmonious way, with the intention of creating Beauty, Harmony and Perfection, the electrons circulate in the terrestrial environment and in the galaxy, with a specific and beneficial frequency, distributing the good everywhere.

When they reach the Great Central Sun, which is surrounded by the "**No Pass Ring**" (a shield of very high frequency energy that protects the heart of the galaxy from any disharmony) the electrons that have been enriched with emotions, actions and thoughts of perfection divine are further received in Alcyone, loaded with further quotas of Love, Abundance, Joy and Peace and sent back to the sender, who will receive in his/her own sphere of life, every type of prosperity and Divine Blessing.

Conversely, if the individual uses the pure electrons he/she receives to perform malevolent actions, or even just to emit thoughts, words and feelings that are out of harmony with the Divine Law of Harmony, these particles, suffering and distorted by the hostile energy of the individual, distribute the disharmony with which they have been loaded everywhere, both on the planet and elsewhere in space and when they reach the Ring No Pass" are immediately rejected and returned to the sender to be redeemed (i.e. cleaned up) through a set of negative or uncomfortable events and situations that correspond to the accumulated Karmic debt.

To better clarify the concept, it is as if we received an infinite quantity of packets full of diamonds every day, with the aim of making them not only intact as we received them, but more splendid and luminous than before, or even mounted in gold jewels and original sets.



Not knowing their true value, most human beings kick the packages, throw them at others to hurt or threaten them and in doing so not only shatter these precious gems, but use them to cause harm instead of benefit. All this mismanagement of the received good is inexorably recorded by the Holographic and Quantum Network of the Universe which, in due time, will ask these subjects to compensate for the fraud they committed.



What Master AEolus would like to underline is that Karma is not simply and only a bill to balance, comparable to the motto "an eye for an eye, a tooth for a tooth", but it concerns the need to free electrons from the pain and the distortion to which they have been subjected. In fact, out of obedience to the Creator (who, as we have already underlined, gave free will to humanity) they "crumpled up and got dirty" to comply with the dystonic requests of the individual who forced them to feed and create harmful and disreputable states.

In fact, these battered Electrons **need to be freed** from this weight and for this to happen, they behave like carts full of rubbish, which, when returning to those who have mistreated them, first of all unload a part of the bad vibrations accumulated at the sender, giving place to many unpleasant situations in the subject's life.





However, the Holy Aeolus is keen to clarify that the purpose of this process of restitution of the generated disharmony has nothing to do with an alleged punitive will on the part of God, who instead with great mercy offers his own wandering children the possibility to learn the lessons of the Divine Law on one's own skin, treasuring the mistakes.

In fact, this makes it possible to regain within oneself the true meaning of existence and one's own mission. Aeolus says: "Hidden within you is a hidden part of the Divine Plan... and even though all are ONE, all individuals are different in their expressions... (therefore)... God has chosen through you to express a particular manifestation of Himself upon this Earth, in order to comfort those in need... only God and your Magna I AM Presence know how to externalize these talents." Constantly reminding yourself that you are part of this Divine Plan and committing yourself to keeping your frequencies in consonance with the Divine Law (which must be known, studied and put into practice daily) is therefore the best way to ensure well-being, prosperity and Peace, gifts generous that the Creator bestows unreservedly on those who sincerely make themselves available to trust in God's Love.

**Electrons, made up of a very Pure Universal Luminous Substance, are considered by the Ascended Masters to be the Body of God. Endowed with their own intelligence, they are the founding elements of the physical world and with their movement, speed, organization and vibratory frequency they give rise to the innumerable types of atoms which in turn make up the matter we know.**

## THE LAW OF HARMONY

The Ascended Masters have repeatedly reaffirmed that Harmony is the fundamental law of life on which all the rest reposes. They also claim that the religion of the future will be extremely simple because it will coincide with the Law of Harmony. Without a harmony sustained by one's thoughts and feelings, the pure Life Energy of God is in fact incapable of giving us his blessings.

Consequently, when it is broken, man pays a penalty of distress of some kind. When humanity understands that disobedience to this simple Law is what has caused all its suffering, it will become more motivated to make the effort to maintain self-control and focus solely on Perfection.

The Ascended Beings emphasize that it is unthinkable for Peace, Freedom, Love and Happiness to manifest on Earth if these qualities have not first stabilized within human beings. In fact, they explain how the unpleasant feelings of hatred, prejudice, intolerance, jealousy and malice towards some living being, first of all crosses the brain, body, feelings and affairs of those who have generated such emotional discords. It is therefore essential to consolidate within us kind feelings, unconditional Divine Love and to know how to invoke the Presence of



God "I AM" (in addition to the Ascended Host of Light), in order to receive guidance, protection and Peace by repeating the invocation: "God grant us Peace, having the grace to start from me."

### ***The Transformative and Harmonizing Power of the Violet Flame***

From the foregoing, it becomes clear how and why the Ascended Masters are repeatedly trying to point humanity back to the Divine Power "I AM" which dwells within the heart. And to teach humans how to get in touch with that "I AM" for advice, Love, Enlightenment, Healing and whatever they desire, in perfect coherence with Jesus' phrase "Seek first the Kingdom of God and then all things there they will be given more!".



From His Ascended dimension, Jesus also specified that: "every individual must, sooner or later, establish contact with the Presence of God which is the beating of his/her own heart. Before becoming a Representative of the Father this mystical experience is necessary to anyone who wishes to express and manifest their Divine Nature. Finding God in another is cause for joy in the unfolding of one's Divine Flame, but **finding in God oneself** is the purpose of incarnation and the only way to go home again , that is, recovering that state of natural Bliss, Peace and Power that one reaches when one realizes one's God Consciousness".

We have already underlined how through free will men have the power to choose what they want to create, or what qualities they decide to include in their lives. When the Energy of Life reaches the body, everyone becomes its custodian and will have to account for the use he/she



has made of it. All life that we qualify through thoughts and feelings with constructive qualities, is deposited in the Color Circle known as the Causal Body. All vital energy charged with anything below perfection stations around the physical form and corresponds to the pressure of discord that is perceived.

Until recently, the knowledge of the Sacred Transmuting Fire was only known and taught at Ascended Masters Retreats, but due to the short time available within which certain particular things must be accomplished, It has been brought into the third dimensional world. so that anyone can know it, use it and experience the Freedom it produces. The existence of the **Transmuting Violet Flame** has therefore recently been revealed to humans, the Divine Instrument thanks to which human creations (or sins) can be painlessly dissolved and transformed, back into Perfection.



The Transmuting Violet Flame is a current of energy, an activity of Love, Mercy and Compassion, which can dissolve all causes created by mankind, whose effects would be very painful to bear (the Eastern Masters call it Karma). The energy full of impurities, discord and wickedness that envelops humanity and the earth's atmosphere will therefore have to be transmuted by the Violet Flame. When this happens, mankind will again be able to spontaneously receive indications from the "I AM" Presence and by the Ascended Host of Light. At that point, every living being (including animals, plants and minerals) will be able to unfold their existence in Love, Peace, Harmony and Freedom. Therefore, unless humanity becomes willing to learn how to consciously use this Sacred Violet Fire, it will have to face the effects of previously generated causes, which as we can well observe in these times, are producing considerable individual and collective suffering.

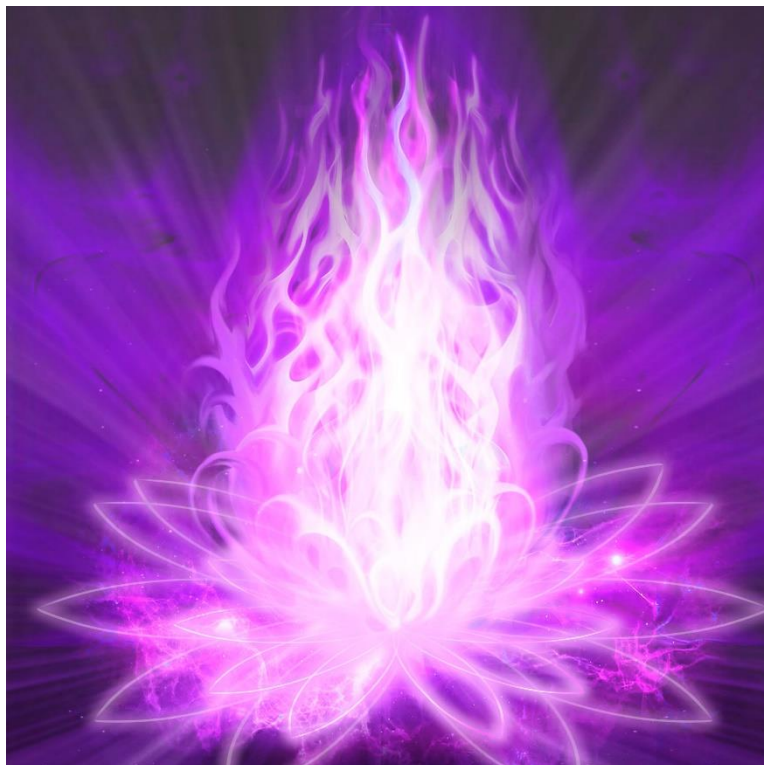
The Sacred Violet Fire may seem invisible, like electricity, Love or hate, of which, however, we can perceive its effects in a tangible and real way. Once invoked It does its work perfectly



allowing us to experience a pleasant lightness of feeling, clarity of mind and a burst of energy in the physical body. Indeed, by invoking their Divine Presence "I AM", all Great Beings who serve on the Seventh Ray intercede for this Transmuting Violet Flame to flow through us and initiate the removal of disharmonious creations accumulated in our emotional, mental, etheric and physical bodies.

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Daily use of the Transmuting Violet Flame can also prevent many nasty things from happening in our surroundings. If something unpleasant happens despite serious use of this Fire, it does not mean that the Violet Flame is not doing its job perfectly, but that our discordant creations are making their way faster than we are dissolving them. This mechanism has been likened by the Ascended Masters to an escalator that carries the energy of the past into your world for action. The goal must therefore be to use the Transmuting Violet Flame with constant intensity, in order to dissolve this type of energy before it can be activated. In fact, the beings of Light argue that it is good to **insist with determination in dissolving everything that comes to the surface**, in order to achieve the purification of karma as quickly as possible, avoiding weakening one's motivational momentum.







It should be remembered that in the past we may have harmed not only people, but also animals and other life forms or abused beings belonging to the Earth, Water, Air and Fire Elements (all endowed with intelligence and all driven to evolve eternally towards a greater Perfection, just like any form of life). By the Law of the Circle, every bit of Life ever entrusted to us (which actually corresponds to many tons of energy) must, therefore, in due course be purified, harmonized and returned to God, **after being retrained with the same Perfection it had when it was first given to us**. In other words, the shadows that each of us has generated must be transformed into Light and the opaque colors that envelop our subtle bodies must become bright and shining.

### ***The Law of Forgiveness***

The use of the Transmuting Violet Flame should always be accompanied by a sincere *Feeling of Forgiveness* towards one's mistakes and all humanity's. The Transmuting Violet Flame should never be called into question without first having invoked the Law of Forgiveness for that which created the matrix of the conditions that one wishes to purify. In doing so one produces extraordinary assistance even to oneself. In fact, when the "I AM" Presence of all mankind is invoked, asking the Violet Fire to forgive the errors and free all the forms of life involved, the "I AM" Presence is enabled to take action even on the disharmonies older ones that have crystallized.



We must also consider that when the Ascended Masters look at us, they perceive us in a totally accurate way by the colors and shapes that surround us, which are products of what we are thinking about and emotionally perceiving. They, while seeing clearly both the Light and the shadow in which we are enveloped, are not critical of us because they know that 'being critical of oneself or others' nourishes resentments and energy dystonias much worse than any dramatic mistake made. Consequently, the Ascended Host urges us to seize this most precious opportunity and make an earnest effort to undo all the wrongs we have ever committed against any aspect of life by thought, feeling, word or deed, so that in times of crisis it is



possible to count on the protection by the Divine energy of our environment of existence. They also exhort us to do our best to activate only situations (i.e. causes) which in the future will give rise to effects imbued with Perfection.

According to these Masters of Light, the many absurd and incomprehensible situations that are happening all over the Earth depend on the imperfect, discordant and vicious errors, created exclusively by humans (and never by God) who are activated everywhere to bring about the fulfillment of Karma. According to Them, in these difficult moments the use of the Transmuting Violet Flame and the appeal to the Law of Forgiveness are therefore the most effective ways to prevent catastrophes and to prevent karmic accounts from affecting our daily activities.

Thus the Ascended Masters loudly claim that it has become extremely important to get used to repeating the decree many times a day: **"I AM" the Cosmic Law of Forgiveness and the Transmuting Flame of every mistake I have ever made. "I AM" the Cosmic Law of Forgiveness and the Transmuting Flame of the errors of ALL humanity, in the Most Holy Name of God "I AM"**

And they ensure that when enough of humanity makes use of this type of invocations, it will become possible to prevent distressing events from manifesting all over the Earth.

**The use of the Transmuting Violet Flame should always be accompanied by a sincere Feeling of Forgiveness towards one's mistakes and all humanity's. The Transmuting Violet Flame should never be called into question without first having invoked the Law of Forgiveness for that which created the matrix of the conditions that one wishes to purify.**





## THE AGE OF FREEDOM

According to the Ascended Masters, the 2000-year cycle called the Age of Freedom has begun in recent decades. In May of 1954, the Ascended Master Saint Germain became Director of Earth Activities taking over from Ascended Master Jesus who was in charge of the previous cycle, known as the *Age of the Christian Dispensation*.

The current Cycle governed by the Seventh Ray pursues the achievement and consolidation of Freedom for any aspect of life, (humans, animals, elementals and imprisoned angels) and will develop enormous changes in the conduct of daily life, in the way of thinking, in feelings and in the realm of spiritual understanding. The radiation of the Ascended Master Saint Germain is in fact penetrating the living substance of the Earth and humanity, bringing the inner truth that Jesus knew and used, but which was previously only taught in Ascended Masters Retreats. Such Truth has now been made available to all who accept it, apply it and put it into practice in everyday life, at any time of the day. The use of the Transmuting Violet Flame should always be accompanied by a sincere Feeling of Forgiveness towards one's mistakes and all humanity's.

The great Ascended Master El Morya has long served humanity and has lately supported and assisted Saint Germain in the gigantic task of freeing all expressions of life from what it has imprisoned it for so long. All of the Ascended Host are working together with Love and Harmony to bring about this project.

The immeasurable work of Master Saint Germain aims to achieve an elective goal, the realization of which can be summed up by answering the 3 fundamental questions of human existence:

**WHERE DO I COME FROM?** All humans are born from the Heart of God and are indeed "Gods in embryonic form".

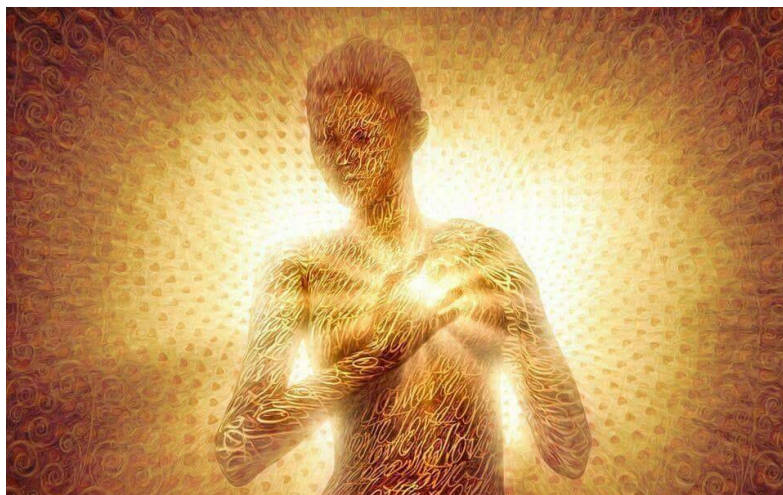
**WHY AM I HERE?** Humans have chosen to incarnate on Earth for the purpose of learning to gain mastery over all energy, that is, over one's thoughts, feelings, words and actions. When this task is accomplished, all Life that has been loaned by God is purified and re-harmonised to the point that the individual is filled with sufficient Divine Love and becomes a candidate for Ascension.

**WHERE AM I GOING?** At the end of the series of incarnations it is possible to become an Ascended Master, forever free from imperfection. This is called going home to God's heart, coming back where we came from.



These Great Beings of Light emphasize that, in addition to making a serious effort to find the answers to these fundamental questions, it must be realized that **the true purpose of life is to improve the world we live in**. First of all one's internal world (which must be cleaned of any conscious and unconscious disharmony and then kept in perfect and harmonious balance and in connection with the Divine Perfection) but at the same time the environments that surround us and that we frequent, in order to contribute with devotion and kindness to make things, people and situations more beautiful than we found them.

These goals correspond to the **complete balancing of the polarities** that marks the current Third Dimension on Earth and through the knowledge and use of the **Transmuting Violet Flame**. This Flame accompanies its acolytes to reach the Fifth Dimension, where all earthly limits are dissolved in the Divine Light and in the total and gratifying Freedom foreseen by the Creator for mankind.







## THE COSMIC WHEEL

The purpose of the creation and the sustenance of our Planet is to allow each life stream to evolve upon It and to have an opportunity to unfold its Spiritual nature and become the Master of Energy and vibration, through conscious control and the use of creative faculties. To become such a Master Presence, man's threefold nature must be nurtured and developed. The Cosmic Cycle has been established and sustained to this day solely for this purpose.

The Cosmic Wheel, which from time-to-time triggers specific spiritual stimuli on the Earth and on the inner bodies of humanity, makes a complete revolution every fourteen thousand years. During this period, each of the Seven Rays is given the opportunity to act on the Earth and give nourishment and love so that their particular qualities contribute to the evolution of life on the planet, in order to unfold the spiritual nature of each of the parts that compose it.

The Cosmic Cycle is divided into smaller cycles of two thousand years, each of which develops under the direction of a Great Being particularly dedicated to a particular quality of the Divinity, necessary for the evolution of terrestrial life for that period. These Beings are called "Chohan of the Rays", the word "Chohan" means Lord and the "Ray" indicates the color and activity of each of the various Spheres that make up the Aura of God.



**The first cycle** of two thousand years took place under the direction of the First Ray Chohan who embodies the will of the Father, i.e. the First Person of the Trinity. This Being establishes the patterns inherent in the Religious, Governmental and Individual Evolution of the souls who incarnate in that cycle.

**The second cycle** of two thousand years unfolded under the direction of the Second Ray, which represents the Son, the second person of the Trinity. His office is dedicated to the development of the qualities and precepts established by the Will of the Father under the First Ray.



The last ten thousand years of the Cosmic Cycle depended on the direction of the Great Being called Maha Chohan, who on Earth represents the Third Person of the Trinity, or Holy Spirit. His office has a very diversified nature, as it is responsible for the externalization of the Will of the Father, with the collaboration of the Son, through every expression of life on the Planet (mineral, vegetable, animal and human). He has chosen to divide the ten thousand years into five smaller cycles of two thousand years each, so as to complete the fourteen-thousand-year period of the Cosmic Cycle.



At the head of each of these minor Cycles, the Maha Chohan has placed a Great Being, representative of the Ray and of the Sphere connected to it. Such a Great Being is especially dedicated to the nature and qualities that are to be developed by the life currents that are evolving in that specific cycle. The Maha Chohan also holds the position of Advisory Director of all the active Seven Chohans in the Great Cosmic Cycle of 14,000 years.

The Cosmic Wheel has now reached the point where the radiation of the last of the Maha Chohan's five sub-rays is to be emphasised. In this final cycle, every stream of life on this planet expects to qualify its energies to fulfill the Plan for which it was created.

As each new minor cycle opens up a New Method for embodying people's energies, it is introduced to embodied individuals. For this purpose the Cosmic Law, in His Mercy, allows that at the beginning of each of the sub-cycles what is called "Incarnation of an Avatar" appears, that is, a Being who, like the Ascended Master Jesus, has dissolved the his own destructive karma prior to His incarnation as an Avatar and is, therefore, a pure channel through which the finest essence of the Ray is incorporated into the activities of the new period. Before his coming and after his coming, the work is left in the hands of good currents of life who insist on "explaining" the law as Consciousness sees it.

We are lately in this pre-phase, wherein the forerunners of Seventh Ray activities and the chosen Avatar have worked well, but have only just touched the periphery of the Truth concerning the Power to invoke, manage and dispense the spiritual Currents which correspond to the gifts of the Seventh Ray for the upliftment of the race..



Both the Celestial and the Earthly worlds have been divided into Seven Departments or Rays and the activities of the directors of each of the Rays (the Chohans) have been assigned as follows:

**FIRST RAY:** The Color Blue represents the Will of God (Faith, Strength and Power). The Ascended Masters El Morya, Lady Miriam and Lord Sirius have served as Chohans of this Ray. People to whom these rays belong are usually of the executive type and have unlimited energy and ability to accomplish their goals.

**SECOND RAY:** The Golden Yellow Color represents Wisdom, Balance and Enlightenment. The Ascended Masters Lanto, Kuthumi, Confucius and Lady Soo Chee have blessed the Earth by serving this Department. This is the Ray of teachers and one of the characteristics of its intent is the Understanding of the Heart.

**THIRD RAY:** Its Color is Pink and it represents the love of God, Adoration, Beauty and Brotherhood. The Ascended Masters Paul the Venetian and Lady Rowena have served as Chohans here. People who belong to this ray are usually kind and full of Compassion, Love and all kinds of Beauty.

**FOURTH RAY:** The Color of this Ray is White and represents Purity, Resurrection and Ascension. The Ascended Master Serapis Bey has been fulfilling his duties as Director of this Ray for many years. People who belong to this department are usually artists, musicians and architects and have great stamina.

**FIFTH RAY:** It is the Green Ray of Truth, of the Exactness of the Law. The Ascended Master Hilarion was an exponent of Truth in His Service as Chohan. Scientists, doctors, nurses and healers usually belong to this Ray.

**SIXTH RAY:** With its lovely Ruby-Gold (i.e. orange) hues, it represents the ministry and the service to life. The Ascended Master Jesus, Lady Nada and John the Beloved have blessed human existence with their service. Ministers, Rabbis and people who have great devotion to



God usually belong to this Ray and render service to humanity from which they receive little recognition.

**SEVENTH RAY:** This is the Violet Ray of Mercy, Transmutation and Freedom. The Ascended Masters Lady Kwan Yin, Saint Germain and Lady Mercedes are Chohans and exponents of the Violet Fire. This Violet Flame is the Tool that transforms and transmutes all errors and imperfect energy into Perfection. Its intense and dynamic use by humanity will redeem the Earth. People who belong to this ray have many talents to express on Earth and usually have a great love of Freedom, which they pursue in all kinds of activities they engage in.

## Lorena Di Modugno



Psychologist, Transpersonal Psychotherapist, Music Therapist, Pianist, Hypnosis-therapist, expert scholar of Natural and Orthomolecular Medicine, writer and skilled lecturer. She practiced Raja Yoga for a long time, later dedicating yourself to Babaji's Kriya Yoga. Thanks to a very rigorous musical training and to her numerous trips to India she has integrated her own Freudian training with spiritual and sound techniques of profound impact. She leads experiential groups and seminars of Vedic Meditation and Vigilant Regressive Hypnosis. She is the creator and founder of Quantum Psychomedicine®, a new epistemological approach inspired by the precious teachings of the Himalayan Masters. She wrote: "Revelations from Space" with Editrice Italica, "The Quantum Power of the Unconscious in Healing Processes", "The Supplements for the Psyche", "God wants us Happy! How to transform suffering into joie de vivre.", "Therapeutic Sounds", "God wants us to be healthy, rich, capable and aware" with Om Edizioni; "Natural Medicine and Complementary Integration. A winning synergy in the veterinary clinic", with the publisher Tecniche Nuove, 2018.





## FREQUENCIES AND HARMONIC VIBRATIONS IN CRYSTALS

by *Enzo Fabbrucci*



Twenty years have passed since I started talking about topics such as the influence that "little human" species have had on human life since the most remote antiquity, and how only an egocentric and short-sighted thought could argue that the earthlings they are the only tenants of the universe.

That could fit as long as we are dealing with distant alien hypotheses... but even postulate them omnipresent from remote antiquity here among us, and ready to reveal themselves at the beginning of the luminous age of Aquarius.....laughter, jokes, ironic or, often, very resentful comments ..... and fortunately I sent everyone to hell, where it is right that the poor in spirit should be.

What a pleasure now to receive half-confirmations, assents, or a polite skepticism, which is splendid because it is eager for deepening.

And the most insistent request I receive is this: how can we find, other than in the works of independent or bizarre thinkers like you, here in the life around us, objective evidence of what you say?

Answer.

The Traditional science, in its by now classic twentieth-century form (therefore obsolete and very backward compared to what branches of the new physics are revealing to us) has put certain and established things on one side, and the miraculous on the other. Well, there is one thing in nature around us that blends logic and miracle, this is the crystal!



And do you know which is the peculiarity of crystals?

If you study minerals with a powerful microscope every form of mineral, you will realize that what characterizes the structure at an atomic or molecular level is randomness.....the irregularity that almost becomes the rule.

Well, if you look into the bowels of a crystal, you find something that leaves you dismayed... like in those under construction skyscrapers of a science-fiction metropolis that are endless intertwining of steel grids... a perfect regularity in every direction and in every way, and a jamming, due to great pressures and great temperatures in the bowels of the earth, in such a regular way that it does not seem possible that mother nature was capable of such a measure. Understand me: in a world of disorder that thrives on disorder, structures of divine perfection and imperturbable regularity for millennia and millennia hidden, like a consignment, in the heart of the earth...

Now we come to us, human beings!

The mistake that, after quantum physics, we still continue to make is to consider ourselves what we appear in the mirror, creatures of bone and flesh, "*self-movable cars*", that hop here and there. In reality this is a very partial description of ourselves, due to five senses that barely collect the pennies of reality, its levels and its complexity...

We are, in reality, vibrations, "waves"... what more than the surname, it connotes us in our being in the world, it is a particular series of frequencies. Then the resultant, the sum of the many organs that compose us and each vibrate at its own frequency, is a kind of torus that passes through the spine and envelops us as if we were in the center of an apple, crammed along the core... and draw a similar figure of energy.

**If you study minerals with a powerful microscope every form of mineral, you will realize that what characterizes the structure at an atomic or molecular level is randomness.....the irregularity that almost becomes the rule**



From this perspective which, I repeat, is infinitely more truthful and accurate than our volumetric image (three dimensions) in the world, what are our emotions?

Frequencies: different frequencies that do not remain internal to us, but which vibrate in and around the space. Mind you: this happens even if we keep quiet! Ecstasy, joy, happiness, serenity, boredom, anxiety, dismay, wrath, anguish... And each of these emotions from the most pleasant to the least, in addition to being a vibration, organizes atoms and molecules into distinct shapes and draws them.

Masaru Emoto, a great Japanese, began to photograph the water molecules (very similar to those of crystals but with the ability, compared to them, to constantly break down and recompose themselves) and he realized that those structures were different when two people carrying two distinct emotions passed on the surface of the water...

The emotions in the upper part of the list I mentioned created regular structures of great formal beauty. Those in the lower part have irregular shapes and even cracked or broken structural designs. By freezing and photographing the results, he realized that water, for example, adores Mozart and preserves his listening footprint, and cannot bear heavy metal ...



Well, crystals don't just have structures that amaze with their regularity. They have a faculty that amazes even more so... if they receive your broken vibrations (for example due to great anxiety) they respond to you: they take that scribble that you draw in your proxemic space and organize it into more acceptable drawings, they console you, they limit your anxiety...



Easy to laugh, and think generically about the new age..... *not at all!*

That's just the way things are. As you vibrate your bad song, they answer you with a beautiful melody... and souls are always "*metronomes*", do you understand me?

I won't go on and on quoting monatomic Andara crystals, which have this faculty reproduced by the thousand, which come to blow your mind with a natural faculty of harmonizing, transmuting anguish into serenity like not even your best friend, or partner or therapist they would be able to do.

I won't tell you about the places where they emerge and who left them as a gift precisely for these magnificent and restless times of greenhouse of one era and opening of another... they will be the true monuments of the future and in gigantic portions... They will be at the center of new cities and in place of those ignoble thefts from Egyptian culture, the obelisks, placed (for example in the Vatican) to certify power, virility and true ignorance of the symbols... these are things that you must discover by yourself in order not to remain faced with such big issues in a passive state of listening.

In reality, our negative emotions are just accidents in the flow of energy. All our physical or psychic ills depend on it, without exception. Energy blockages that turn against us.

Do you believe me when I tell you that in a few years all the medicines based on the poisonous chemistry of the current overwhelming Pharmaceutical Industry will disappear from the face of the Earth, because of *tachyon chambers*, which identify the blocks and explain you how to remove them?



Get yourself a crystal. They can be found at affordable prices. Keep it with you. I know of no better friend for these "years of ford", I know of no better friend to help you understand that everything in the world vibrates and everything lives, and the new world is built mainly by listening (infinitely amplifying our dormant faculties of listening) of the language of plants,





animals, mountains, mother nature and all the life forms that coexist with it, understanding that we are part of the whole, but we are not the center of it all.

Believe me, this is the only thing that brings us closer to the true Universal Language and to the future Telepathy, much more than that Esperanto buffoonery.... And to tell the truth, something that performs a function similar to that of crystal in nature does exist, it's your cat. But I'll tell you another time.

I don't want to provoke skepticism and disbelief in you, so I won't dwell on telling you that low and harmful vibrations, those that cause us feelings such as anger or fear, if experienced collectively generate real ethereal figures, entities called "egregore".

Rather I suggest: **vibrate high!** Be serene, stay in nature. Buy yourself a crystal. Get out of the city... and above all do this: take your TV and throw it in the trash!



You must know that from the beginning it was invented in very specific places, as a means of brutalizing and homogenizing people, alarming them with the same fears, reassuring them with the same stupid jokes and making them buy the same foods with those ignoble carousels: in a nutshell, manipulate and tame them, keeping them in a constant state of early warning as, for example, "at the time of pandemics". Those who have thrown television down the toilet (with the implicit wish that all the wooden faces, fake journalism, fake politics, fake experts who live there will follow) usually say: reality, looked directly at, is so beautiful!!

Where are all disasters, wars, dangers and ignoble things that come upon us if we don't follow the prescriptions those idiots give us? If only you could see how you vibrate in front of the television and how you vibrate when you take a serene walk-in nature, you would no longer accept negatively contaminating the space around you (your animals, your loved ones, your plants) to be connected to a useless household appliance.



In fact, I am amazed every time by how people are willing to stay in such murky and not at all healthy "places / rooms".

**Get yourself a crystal. They can be found at affordable prices. Keep it with you. I know of no better friend for these "years of ford", I know of no better friend to help you understand that everything in the world vibrates and everything lives, and the new world is built mainly by listening...**

Dante Alighieri speaks in several contexts of "going out to see the stars" or, conversely, "losing the sight of the stars"... this is it! It's just this: it's an archetype valid throughout the Universe... it's also called "losing or maintaining connection with one's Higher Self", feeling good at the center of oneself or feeling hanging from a (so-called) authority... and once it will be nice to talk about who reincarnated Dante Alighieri, here on earth, and how and why he put so much super-precious information inside a geometric shape that generates an incorrect dynamic...

Small final note on the centrality of crystals in the future of the Earth.

In the following times after university, I had the opportunity to meet with young brilliant researchers who had met by chance the theoretical thought of Nikola Tesla and who could not believe that such a great genius had not been given the opportunity to carry on his energy research. Youth makes you naive and unaware of the fact that research, if it offers prospects of clean and free energy for everyone, makes those who sell you dirty energy at a high price suspicious, suspicious and aggressive!

You cannot imagine, if you look at the list of Nobel prizes, more than a century after its foundation (in every discipline) how many prizes and official speeches wasted for awkward scientists, *discoverers of hot waters*, and now completely forgotten. I would like, dearest, for you to think how limiting and deviating of research the Prizes are. Commissions, almost always institutional, mixed with experts and people in power, are one of the things that most hinder research. Yet look how ridiculous and pathetic it is to wait for the assignment from scientists, sometimes even serious ones, who desperately think to deserve them. Thus, with a talented epistemologist friend, we said that it would be necessary to make a year-by-year list of the truly great innovating scientist and the award-winning one, to understand that the names very rarely coincide...

But let's get back on track. These arguments take away our good mood and they make us vibrate low... I was able to deepen the calculation procedures, which had brought the absolute genius of Nikola Tesla, near Zero Point Energy.

Well, what a miracle! The ether (which even today foolish orthodox scientists consider a myth) if "stimulated" produces here on Earth energy of the same nature as that of a star, and makes it unlimitedly usable and free of charge... and do you know by what this entity, permeating the whole cosmos, can be "stimulated"? By tiny crystals! Tiny quartz crystals in the shape of merkabah, which, if aligned, can produce a vibration of such a high frequency that it sets fire



to the ether... that vibration, if well controlled, requires the amazing energy of a star to the ether, to the extent (neither more nor less) in order to offer us everything we wish to feed on earth...



Patience... The segregated genes and the acclaimed servants!... This I would engrave as an epigraph in the tombstone that I hope will soon seal the world we've had so far. However, if what I have heard is true, already after 2024 in we will have something similar available in terms of energy.

## Enzo Fabbrucci

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Enzo Fabbrucci studied History of Science and Philosophy in Urbino, Italy. All of his painting and writing work stems from having found popular legends and beliefs along the Italian peninsula, in which the myths of the vast Mediterranean basin do echo. From this discovery, he sketched a great Visual Poem, drawing from it a unified and solid fresco like a novel: a meeting of civilizations and divinities, which has a much more mysterious genesis than what the school books tell us, and which seems to illustrate paradoxes that contemporary science fails to make usable. At the beginning of his career, Fabel (this is his pseudonym) participated in the editing of some Bompiani and Feltrinelli magazines. He later exhibited at the Villa Reale in Monza and at the Revoltella Museum in Trieste. After this brief interlude, thanks to some northern European art scholars and collectors, he began to travel, creating events abroad. From his work some good actors and musicians are making narration and dance performances on large video projections.



## THE VALUE OF WORDS

by *Jhonny Mariotto*



The fruit is the manifestation of the tree from which it comes. If it is juicy, sweet, tasty, it is telling us something about the tree, because everything it has is a gift from the tree. The tree must be healthy, it must be rich in sap. Simply observing the fruit or the flower allows you to deduce many things about that tree.

Words are our fruits and they say a lot about us. They talk about us, about how much the tree is in harmony or disharmony with existence. As we well know, the healing of a plant cannot take place by acting on the fruits, leaves or branches, but must take place through the roots. Healing a plant is healing its roots and so it must be for man. Healing the roots is going to the root, going deep, leaving the surface to return to the source. To achieve this we have an extraordinary tool at our disposal: the word.

Unfortunately, words have lost their light and thus their creative and healing power.

In fact, as man has distanced himself from the divine order of creation, he has progressively limited himself and his life within the confines of fear and suffering, condensing "the word" into the densest energies.

Certainly, the ever-faster pace of life on the one hand, and the compulsive use of technology on the other, have increased the abyss of illusion making man more and more an automaton.

In all of this, the mind has chosen itself as a despot in an attempt to ensure control and survival. Every day it struggles to assert itself in a reality darkened by ignorance and arrogance. Humanity is like a runaway train which, without brakes, is approaching the end of its journey and the collision is inevitable. A consolidated spiritual blindness prevents us from recognizing and manifesting our Divine nature.





Even the "word" - distorted and limited in its expression of light and truth - has lost its creative power. Now the word is not used to free and honor, but to control and bind to fear. The unaware use of the word generates suffering and both our relationships and our lives are a clear example of this. The Native Americans knew it very well when they stated that the human being was created with two eyes and only one tongue so as to double check the words coming out of his mouth.

**As we well know, the healing of a plant cannot take place by acting on the fruits, leaves or branches, but must take place through the roots. Healing a plant is healing its roots and so it must be for man.**

Unfortunately - despite the teachings of many masters and spiritual guides - we have not yet understood that the word is like a container. It is useless to polish and adorn it on the outside if it remains empty inside. It is useless to be great communicators in form, but poor and dry in the content of love and truth. The word needs simplicity and humility to be a vehicle of the energy of the heart. What the "word" has lost is magnetism, the expression of a heart aligned with truth and love. Alignment is the connection with the source and the connection is integrity. Certainly, we can no longer turn our backs on existence and its magnificence. Man must open his eyes to the truth of all things, looking at the whole and not just at his small piece of land. A change of consciousness is required, an octave leap, necessary to re-harmonize the human being with life and with the laws of him.

### **WE ARE ALL ON THE RETURN TRIP "Back home"**

It is important to understand that matter is spiritualized. Spirit permeates matter and nothing material can exist without the presence of the spiritual force. It is not the body that contains the soul, but it is the soul that permeates the body.

Indeed, the original purpose of body and soul - as a unified whole - is to harmonize consciousness from the density of material survival to the higher vibrations of love. This harmonization is not governed by human definitions of good and evil, or right and wrong. It is all about bringing ill-matched vibrations into harmony and developing coherence between two poles, that of survival and that of divine love.



In practical terms, it is necessary that first of all we learn to manage our attention in the here and now in order to become more aware of the language of frequencies. Nicola Tesla understood this very well when he said "*To understand the secrets of the universe, one must think in terms of energy, vibration and frequency.*" In this way only can we recognize the sacred "relationship" that exists between consciousness and matter, between form and content, between visible and invisible. This is a process of distillation and de-programming that helps us break through the veils of illusion and oblivion. It is a gradual alignment of thought, word and deed that lifts us above the quicksand of fear. By releasing the identification with the form we experience an expansion of consciousness which translates into coherently living freedom and truth.

**The word needs simplicity and humility to be a vehicle of the energy of the heart. What the "word" has lost is magnetism, the expression of a heart aligned with truth and love. Alignment is the connection with the source and the connection is integrity.**

Aware or not, what we are all making is the return trip, going back to the Father's house which is truth and love. It is a realignment with the Breath of Primary Source also called the Para Vach. In the Bible it is the Word became flesh. It is the Nada of the Upanishads; the Kalma-I-Ilahi or inner sound of the Quran; the Hu of the Sufis; the Music of the Spheres of Pythagorean philosophy; the Fohat in Buddhism and the Kwan-Yin-Tien of Chinese mysticism. Regardless of its name or precise definition, it is the root cause of all sound and light within the Grand Universe, which in turn is the root cause of the whole of manifestation.



This connection is inherent in each of us. However, the world of form can violate and taint this connection and this subtle vibration. Prayers, sacred music, chanting, mantras and all harmonic vibrations are the effects that counterbalance this vibratory density. They are the most powerful means with which to direct and support the harmony inherent in the vibratory



"soup" in which we live. The sound of the voice of a person who - in a meditative state - chants a mantra, or the sacred name of the Primary Source, is very powerful.

As a matter of fact, intention moves the energy by condensing it into the many forms of matter. The higher the frequencies, the more harmonious the shapes are. The studies of cymatics on the relationship between sound and shape are very interesting, demonstrating - for example - how each vowel has its own characteristic shape, and how the same vowel sung by different people takes different shapes.

Everything is related to the vibrational level of the individual, which results in a state of awareness or unawareness. Of course, different intentions also create different shapes.

This is what Dr. Masaru Emoto on water molecules.

The pictures of the water crystals immortalized by Emoto have become famous, after being subjected to different types of "frequencies", from classical to heavy metal music. Microscope images clearly show how words of anger, hatred, resentment create disharmonious and chaotic forms. On the contrary, kind words of gratitude, love and compassion are able to create harmonious and balanced forms.

For all those with eyes to see, important new discoveries are revealing the incredible potential inherent in the human being, and only a journey of awakening can manifest them. In all of this the word has a fundamental importance.



## **THE ACTION OF A MANTRA ON THE BODY**

Every existing thing has its own vibration. Vibration is sound and all forms have their own particular sound. Sound has power. In fact, an object could be reproduced through the sound it belongs to, such as fire, water, air, earth, anger, joy, fear, etc. Even love has a sound. A vibration called mantra - mantra in Buddhism and Hinduism is a sacred formula or thought tool - has a very powerful sound, a vibration that can reproduce a state of consciousness or of matter. One or two syllables are enough to create a new state of cohesion of matter with different frequencies. Sound penetrates all layers of being: in the heart, in the liver, in the stomach, in the brain, etc. and also in the memory of the body by elevating it. Its power accompanies the body to receive vibrations that correspond to the frequency of love and



primordial light. Slowly, it will then begin to vibrate with vitality, regenerating itself in all its parts, whether visible and invisible. The vibrations will work with organizing power, on the subconscious, on the unconscious, on matter, on physical and mental cells. The produced vibrations will act on the matter by modifying it and it is good that we become aware of it.



## WHO IS TALKING?

There are three levels of truth and each of them corresponds to a certain way of communicating.

The first face you see - what we call a mask - is the face that invites you to be looked at. Her voice is: *"Look at me!!! ... do you see me, do you recognize me? I want you to recognize me for who I would like to be."*

The second level instead - and we can call this truth - is the hidden one, the one that is afraid to be seen and that protects itself behind the mask. Her voice is: *"You wouldn't love me if you knew who I am. Surely I can't please you as I am."* The mask is an illusory protection and causes suffering. In fact, when we hide who we are, when we deny who we are, when we suffocate our truth, then confusion, anger and dissatisfaction will accompany our path.

Underneath all of this though, under that layer that tries to remain hidden, there is a luminous self, the inner child, the spotless self, the extraordinary being who chose to incarnate and took on a body. Its light pours into every "word" with truth and love, and it is this light that vibrates and nourishes. This is the word that transforms, heals and creates, because it is authenticity and coherence.







## THE FOUR MODES OF DIALOGUE TO AVOID

The more we embrace and experience a holistic view of reality, the more we are able to recognize and transform repetitive and dysfunctional behavioral patterns into higher, freer and more aware choices.

Dr. Wayne Dyer highlighted four forms of dialogue that we often unknowingly use, but which represent real obstacles to our realization. The first one is to constantly talk in terms of lack (for example ... "I will only be happy when I have finished paying the mortgage" - or ... "I will only be happy when I change job"). It should be remembered that the more we pay attention to what we lack, the more that thing will continue to be missing. The second mode of dialogue consists of talking about our life in negative terms (for example...I hate this job! I hate the place where I live! I hate this house!). When we don't accept something in our life we are actually holding it back. Therefore, if we want to change something, first of all we have to accept it, to understand it, to tune into it and its deepest meaning and only then can we let it go. The third mode is to believe that nothing can change because it has always been like this (for example...*"you know in my family there have always been failures, and my life follows the same script"* - or: *"I have always lived in pain and in suffering: happiness is not possible in this life"*).

**"To understand the secrets of the universe, one must think in terms of energy, vibration and frequency." In this way only can we recognize the sacred "relationship" that exists between consciousness and matter, between form and content, between visible and invisible. This is a process of distillation and de-programming that helps us break through the veils of illusion and oblivion. It is a gradual alignment of thought, word and deed that lifts us above the quicksand of fear.**

The fourth one is to think about what others want from us (for example...*"I became a lawyer because it was my father's dream, and now I can't betray his trust"; or... "I would love to take a few moments for myself, but I can't abandon my family"*). This means continuing to live according to the expectations of others.

These modes of dialogue are the voice of the ego living in the illusion of separation. They are labyrinths in which one gets lost, and which always recreate the usual paths, rooted in suffering. It is our duty to recognize its limits, integrating a new way of communicating, both with ourselves and with others.

## L'IMPORTANZA DELLE PAUSE

The more you align yourself with the truth, the more you will pay attention to every single word. No waste, only the essentials, only what is needed, for simple and true communication.



You will notice how, in your way of communicating, the spaces, the voids, the suspensions, the moments of silence through which you welcome the next creative impulse will increase more and more. That suspension is connection, it is reception. It is good for the speaker and for the listener. Pauses are also part of communication. In fact, there are two languages: the verbal one and the one of silence. Every sound is limited as it is characterized by space and time, while silence is everywhere. Silence has no spatial or temporal limit, and touches everything at the same time. Both can proceed together, harmoniously, and can create a dance, a symphony. In this way one reinforces the other, in the exchange of tones and colors, creating nuances and possibilities. Whoever honors the word vibrates even in silence. One without the other is like a seed without a pot. Only with experience and practice will you achieve the mastery, the realization, and the conscious co-creation of your life. Remember, your thoughts and words spread like frequencies of energy that act like those of a homing pigeon being trained to deliver a message - and they literally fly out of your head and mouth to connect with whatever resonates with them. Therefore it is important to recognize how much our words are a precious gift, which should not be wasted or distorted. It must be used with awareness, and awareness requires attention and presence. The invitation placed at the entrance to the temple of Apollo in "Delphi" is clear, which says: "Know yourself". In this way only your path will take on value and meaning. Only by looking inside you find the answers you need in order to understand what in on the outside.

### **ANYTHING CAN BE UPLIFTED**

The invitation to integration is not the invitation to improve. It is the invitation to alignment: to become who you are.

Only in this way, your voice will be the voice of the soul. Otherwise, you will continue to vibrate in the inherited structure that conforms you to rules external to you, and these rules suffocate your true nature.



You see, it is good to recognize that "becoming" is a coming to be. And being in the expression of the True Self slips out of the rules and the constructs of the reality you have adhered to. You are always the True Self. The aspect of God in you is always present, but not necessarily expressed. And the voltage, or amplitude, of this vibration must be affirmed and embodied in order for it to be affirmed in perception. Therefore, as Don Miguel Ruiz states in the "four agreements", it is essential "to be impeccable with the word". In fact, he writes: "The first agreement is the most important one and also the most difficult to maintain. It is so powerful that just with its energy alone you can reach the level of existence that I call - heaven on earth."



The word is not just a sound, or a written symbol. It is a force, it is the power to express and to communicate, and therefore to create the events in your life. The word can be used to confirm old agreements or to create new ones in alignment with the truth. The word is elevation, and as you rise in vibration, your agreement with the dimensional reality that you exist within is transformed and you experience where you are in a higher octave. The scenario is the same, but in a higher octave.

**Every sound is limited as it is characterized by space and time, while silence is everywhere. Silence has no spatial or temporal limit, and touches everything at the same time. Both can proceed together, harmoniously, and can create a dance, a symphony. In this way one reinforces the other, in the exchange of tones and colors, creating nuances and possibilities.**

What does it mean? That the teacup on the table is still a teacup, but your experience of the cup is different, because both you and the cup are now attuned in a higher octave. This creation, which is expression at a higher level of vibration, makes the world we know malleable to transformation. You are a "very powerful being", you just forgot that you are. The word helps

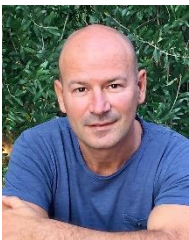


you to remember this, awakening what you have always been, who you are now and forever:  
an embodied being of light.

Thank you for being with me on this journey, good life and good everything!

## Jhonny Mariotto

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Jhonny Mariotto is an author and speaker in the areas of personal development and spiritual growth. In his numerous travels through Asia, Africa and Latin America, he has practiced with extraordinary masters, from whom he has learned teachings and ancient techniques. He practices the ways of Tao, of Zen and Buddhism, as well as promotes Native American shamanic teachings and traditions, with which he has spent much time. He holds conferences and experiential seminars in Italy and abroad on the art of "living consciously", integrating practices of mindfulness - as taught by ancient oriental traditions and alchemical schools - as a powerful tool for individual transformation. In over twenty years of experience he has written books dedicated to awakening, awareness and inner balance whose titles are: "Live your passion", "Create the Perfect Moment", "I Live with You, I Don't Live for You", "You are the Center of Everything", "The Five Perfections", "Live the Energy of the 7 Chords", "The Master Code".

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## THE INTEGRATION BETWEEN MALE AND FEMALE ASPECTS

by *Zelia Reggianini*



I wish to talk to you about how the dual experience on this planet carries both the limit to experiencing and the greatest possibility for our evolution.

We live in a fractal world, where macro systems and micro systems obey the same laws: as we live in aggregate systems, the bigger one controls the smaller one and the smaller one feeds the bigger one.

In this explosion of expansion and contraction, the cosmic breath dwells, both in the infinitely large and in the infinitely small. It is where the Whole moves in harmony.

We are part of this cosmic miracle that we call life and we already exist in this union, and we are part of the Whole, as is often said.

I wish to bring a very clear concept of integration. That is what I see if I observe the whole creation moving in unison, in cycles that repeat themselves on different octaves with a masterful perfection: "**We are already the One**", as we are an inseparable part of it. If we observe the Earth from above, we cannot see men, animals or insects. We know that they live in this Aggregate System called Earth, and we can we say that the Earth is part of that One.

**What is separate about us that makes us think that we should integrate ourselves?  
And whom do we feel separated from?**

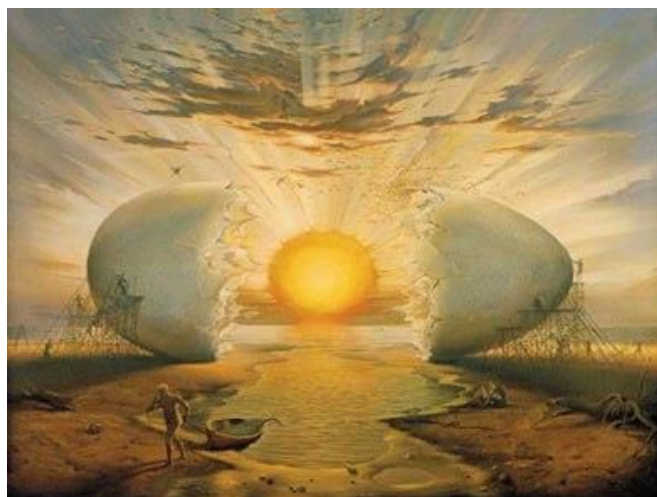


The concept of separation is therefore only a personal illusion, an observation point that makes us experience only one of the two sides.

The process of Returning to the One is being both the two polarities. It is knowing the facets of both, fearing none of them and being able to use them as needed with the ability to manage our emotions.

To try to best describe my concept of the forces of duality to you, I will tell you a love story that has existed for centuries between the Sun, the Moon and the Earth.

The Sun is the masculine element that bestows its truth by liberating Light and does so by constantly illuminating our planet Gaia or commonly called planet Earth. The atmosphere that separates us from the Sun is the entire information field that feeds the systems aggregated to it.



The egg, yes, a simple hen's egg, is its fruit or its earthly emanation. The truth of life is in the egg which is made up of yolk and albumen: the yolk is the part made mainly up of fat, it is the welcoming nest that supports the new creation. While the albumen is the protein part, i.e., the information part which constantly nourishes the cell.



This truth is a simple concept that helps the understanding of the structure of the whole existence.

The rooster crows when the sun rises. The hen sings while laying an egg. This truth is the key to understand the existence of man on Earth and the laws that allow life through the manifestation of a Feminine and a Masculine aspect.

The Sun is the truth that lights up the day.

The Moon is the truth that lights up the night.

Darkness does not exist, as there is either the sunlight or the moonlight. There are few days of complete darkness and these live on the energy that precedes birth.

The Sun is the instrument through which the Earth generates itself. The Earth therefore heats up and releases the energy of the Sun, creating matter, activating the chlorophyll synthesis which maintains the regenerative balance of all its living systems.

In this context, the Moon is the specular agent of the observation of the Sun, as the Sun illuminates a part of the Earth and frees the part, hidden by darkness, using the Moon as a medium. In this game of mirroring and distancing from the Sun, the earth experiences itself and its polarity in shadow, and with it all the beings that live on it.

Its shadow polarity is supported by the fear that was generated by the dark that entered with the fall of consciousness. Fear represents everything we don't know. In these fears exist our "shadow" parts, or survival programs.

Everything that we do not know and cannot modify with the knowledge in our possession must be placed in the hands of God.

Our task is to follow the truths of the-soul-that-knows. And what we do not know we can leave it to God.



This truth leaves the remittance to God, through the light, while the Moon allows the shadow to experience its light, that is, the hidden teaching.





**Let me try to summarize:** the Sun is the masculine aspect and the rooster crows when the Sun rises, so the masculine can be acknowledged in the Sun. The Earth is the feminine aspect, the hen sings while laying an egg, therefore while generating and recognizing itself as the one who creates. This is the clear manifestation of the roles that masculine and feminine have on earth and which together create the One.

God expresses himself through the feminine, saving himself in the feminine through the sperm, activating or inseminating the cell, from which a being will be born in the image and likeness of the Sun. He will be called man or woman and the Sun will carry this being within. The Sun will only have to activate that being.

Willing is power, but wanting is not willing, wanting is choosing and choosing becomes power. This statement brings into harmony the key of manifestation, i.e. the Sun is God and illuminates the planet Earth which is the Goddess. This polarity is both truth and light, as the Sun is both matter and energy, as is the Earth.

For this reason, the Sun always illuminates, while the Moon helps the Sun by reflecting the Sun. This allows the Earth to rest and reflects the light so as not to leave it in the dark.

The Creator chose, he wanted to use his will to manifest himself on Earth.

The Sun deactivates you to be its shadow. By deactivating you, it watches your hidden light. That is, it watches you while it is illuminating the other side of the Earth. While observing you, it mirrors itself and allows you to free it in its hidden part.

If this were the truth, the will of the Sun is to save you, what you are in essence, by hiding yourself in the image of it, what love would you be able to feel?

So, the Sun, or the masculine aspect of the moment, is imprisoned more than ever, reflecting itself in the Moon until the Moon decides to light up.

When one of us manages to express himself/herself in truth he/she is moving both in freedom and in will. He/she makes a choice and the choice becomes the truth that he/she will see manifested.

**The concept of separation is therefore only a personal illusion, an observation point that makes us experience only one of the two sides.**

**The process of Returning to the One is being both the two polarities. It is knowing the facets of both, fearing none of them and being able to use them as needed with the ability to manage our emotions.**





When a person frees his/her shadow, he/she does a work of Self-manifestation, releasing a part of the Moon from the image he/she carries, he/she takes off the mask and begins to bring the light of the Sun, to alleviate one's own night of the soul.



If everyone's night were able to look at itself, or if everyone could take care of one's own Self and one's own shadow, the Moon could light up. This will happen when the feminine will live on her own light and will not use the reflected light of the masculine to manifest or exist. While the masculine in turn will be free only if he frees the feminine from her reflection.

This is the chess game with ourselves. We possess both polarities regardless of the gender that is manifest.

Ask yourself this question: why does the Moon obey the Sun?

Because it's the order of things.

From this it can be deduced that the Moon is complementary to the Sun as it mirrors it, i.e. your shadow is complementary to your light, because it is both silenced and brought to light by physically manifesting the opposite, i.e. creating the paradox.

The real power is to use the shadow to bring light.

In this wonderful story everyone has his/her own role because this is the order of things.

**God expresses himself through the feminine, saving himself in the feminine through the sperm, activating or inseminating the cell, from which a being will be born in the image and likeness of the Sun. He will be called man or woman and the Sun will carry this being within. The Sun will only have to activate that being.**

**Willing is power, but wanting is not willing, wanting is choosing and choosing becomes power.**



**The Sun's task is:** to illuminate, to give heat, to allow the chlorophyll synthesis for the possibility of life for all living beings and for the prosperity of the Earth itself. It has a masculine essence and penetrates matter, saving its manifestation in all cells.

**The Earth's task is:** parthenogenesis, i.e. using the energy of the Sun to be fertilized and prolific, giving the necessary nourishment to all living beings. It has a feminine essence and it is welcoming, intuitive and sensitive.

**The Moon's task is:** to honor its commitment, to be the reflected image of the Sun, to allow the shadow to slowly emerge. Sometimes it is scary because it produces more shadows for those who stray too far from the Sun.



The beings who live here on Earth express the two polarities in their features: either they have a more lunar or more solar disposition. Only this is to be harmonized by creating the eclipse within each of us, allowing our inner Sun to ignite and to be able to shine with its own light, manifesting what we are to the fullest potential.

The ignition of the inner Sun in each cell is called the cosmic orgasm: it is the moment in which each cell becomes aware of itself, lights up, awakens realizing its being independent and interdependent at the same time from the cell/man that contains it.

Here the search for integration does end, the illusion of a mind that feels separate even though it knows it is an integral part of the One.

The feeling of separation alone is creating all the pain in the world.  
We are already United and we can only feel united if we choose to.

## Zelia Reggianini



Born in Modena 63 years ago, she has always dealt with people's well-being through a holistic view of life, with a strong focus on healing.

Zelia Reggianini is a writer and researcher of human potential, she is self-taught as she loves to listen, write and then put into practice what her conscience whispers to her. In her two books she tells how everyone, if he wants to, can become master of his own life by freeing himself from schemes or programs that allow the same situations to repeat themselves.

## KARMA: THE EFFORT OF MELTING AWAY

by *Maria Cristina Silvagni*



In his definition of the **Unconscious**, Sigmund Freud assimilated it to a black box containing all those experiences and thoughts that the individual's consciousness removes.

It is really interesting how, more than a century ago, in full rationalism, we came to theorize the existence of an "invisible" system, which escapes the analysis and the control of the conscious mind, and which, as Freud claimed, governs our thoughts, our actions, our choices more than we can imagine.





He believed that no psychic event is generated by chance, that each of our mental processes has a precise origin, which can be accessed almost exclusively by investigating the **Unconscious**.

One hundred years later, Freud's theses are enriched with further implications and theories. Not only do we embrace the idea that the **Unconscious** is the true director of our lives, but we try to understand "who" is behind it and "what" it really contains.

Having reached this stage of our incarnative evolution, it is no longer possible to ignore to what extent each individual is the sum of physical (body), psychic (conscious and unconscious mind) and spiritual (Soul) components and it is guided in this learning experience and reharmonization from a higher Direction (the Higher Self).



After years of studies and deepenings, I can only consider this perspective as the only one capable of providing a truthful interpretation of the meaning and purpose of human experience on this planet of replication.

In my eyes, the concept of **karma** has taken on an ever more complete form and meaning, especially after the encounter with the Huna philosophy, which is thousands of years old, but revived in Europe in the early 2000s through the concepts of Aloha and Ho 'Oponopono.

According to this ancient knowledge, **Karma** and **Unconscious** are closely associated. The black box of which Freud speaks would not contain only the experiences of the current existence, but also those of past existences related to the learning program chosen by the Soul before resuming a body in the third dimension.

**Having reached this stage of our incarnative evolution, it is no longer possible to ignore to what extent each individual is the sum of physical (body), psychic (conscious and unconscious mind) and spiritual (Soul) components and it is guided in this learning experience and reharmonization from a higher Direction (the Higher Self).**





It's a short step from here to understanding that human beings function largely by automatism, until they become fully aware of it.

For those who choose the path of awareness as a track for karmic dissolution, unloading responsibility for the past and taking responsibility for the present is, in my opinion, an accelerated path of elevation and inner healing, which flows into that persistent background of serenity and balance, in spite of the rippling waves of the sea of existence.

Depending on the evolutionary degree of the Soul, in fact, the paths that can be followed are different. Where there is no awakened conscience yet, it is the events (even traumatic), the encounters (even dramatic) that intervene to restore some equilibrium to the karmic balance and offer new learning ideas for the Soul.





Returning to the Huna philosophy, we cannot know exactly the facts and the misdeeds of which our previous incarnations have been the main characters in the long cycle of deaths and rebirths. Certainly, there is the possibility of sensing, probing, remembering - there is no shortage of techniques, practices and faculties at present - but this is not fundamental in order to put things right with the past.

It is enough to observe what happens to us **today**. Whatever runs aground and does not flow, whatever causes suffering and reopens wounds, whatever takes us back like a rubber band, whatever is as tiring as going upstream or whatever is always activated automatically tells us unequivocally of a "knot" karmic whose memory is inscribed in the **Unconscious**.

It belongs to our custom (humanity is fragility) to pour on others or attribute to others hardships and sufferings.

The Ego, which has undergone a lot in childhood and in early youth (unaware that it was the Soul that had chosen those **trials** in order to lay the foundations for learning and for future healing), takes the chair and begins to look for culprits to avoid suffering from other "torturers".

From my point of view, in the first twenty years or so, the main karmic knots manifest themselves. These are the knots which have been planned by the superior Direction to untie over the course of existence and which will shape our "adult" life.

As I anticipated, since it is not humanly possible (at least at the evolutionary stage) to go back to the past in order to remove those blocks, the only viable way of healing is to intervene on the **present moment** through a conscious work of paying attention to, sensing, sharply watching one's inner dynamics, relationships and reactions to the stimuli of the surrounding reality. Trivially, even just every time you get "angry" you are automatically reliving something from your past.

The legitimate effort involved in taking on the responsibility for one's own suffering often prevents us from seeing in the obstacles we come across an **opportunity** for growth and healing, rather than a reverse of fortune, a persistence of fate, the tyranny of those around us, the wickedness of the world...

**Whatever runs aground and does not flow, whatever causes suffering and reopens wounds, whatever takes us back like a rubber band, whatever is as tiring as going upstream or whatever is always activated automatically tells us unequivocally of a "knot" karmic whose memory is inscribed in the Unconscious.**

The Ego takes everything personally. Every offense must be washed away and avenged, since it is seen only as a gratuitous rage by others on us.

The Ego willingly takes the "victim" point of view. The resulting impotence relieves the responsibility of making use of one's free will to move, unlock, transform, change, push away...



There is a single reason to that: the **fear of losing**. Losing something that our mind considers essential to survive or to conquer a semblance of "happiness" (a concept that deserves further study on its own).

In reality, we are talking about a projection of the helplessness experienced in childhood. In that age of innocence, genuineness and vulnerability, the alienation of basic needs may have triggered the justified fear of "not making it", which, although frequent and common, no longer has any reason to exist in adulthood. Ideally, as adults, we could face any loss, however dramatic and painful.

The fear of "not making it", if reiterated over time, translates into the tendency to want to direct one's own life and that of others, to want to control events, to want to impose ideas, certainties and beliefs, when, in reality, it is the **Unconscious** to make them materialize on the stage of existence without our knowledge and beyond our control.

"Willpower" is a mental push, a rational impulse that often gets between us and the plan of the Soul.

The sooner we agree to relinquish control over our lives, the sooner actors and situations, events and experiences will get on stage that are authentically in line with our program of growth and spiritual evolution.

If we let the **Unconscious** take over the helm of our embodied experience, we will have the certainty of being fully in our "rut", wisely oriented by our inner compass.



Certainly, we could express our evolutionary potential at its best after having been set free and cleaned of those crystallized emotional concretions starting from childhood (and from more distant pasts).



The range of spiritual (karmic) healing tools, currently increasingly broader, contemplates paths that embrace apparently different visions but, in my view, all united by the same purpose: to lighten the human being and, consequently, the Soul that informs him.



It's hard to untie. Undeniable. It requires commitment, lucid presence and courage, in variable proportions according to the extent of the knot and the person's degree of awareness.

In my direct experience (integrated and enriched by that of the human beings I have followed and accompanied over the years), it is truly impossible not to experience states of mind of failure, sense of guilt, discouragement, frustration, helplessness along the path of healing...

One wonders: *"Why am I falling back? Have I learned anything from the past? Have all the journey and the work done on myself been of no use if I find myself still entangled in these vortexes of pain?"*.

**"Willpower" is a mental push, a rational impulse that often gets between us and the plan of the Soul.**

On closer inspection, in moments of greater mental clarity one realizes instead that the recovery from those traffic jams is gradually more rapid, that one does not remain, as in the past, trapped for days, if not weeks or months, in that malaise and that he authorizes himself more willingly to appeal to the tools acquired over the years of work on himself.





A fundamental first step in moments when one falls back into karmic dynamics is **Forgiveness** towards oneself. Already the simple mantra repetition of this concept relieves the sense of fatigue. In pronouncing it, a part of us relaxes, lets go of tensions, indulges in movement, abandons itself to the flow...

Secondly, we can never really ignore **Responsibility**. We often and willingly forget that, even if without our current knowledge, we have chosen to be who we are and to experience what we are experiencing. We forget that the obstacle, that difficulty weighting like a boulder, is nothing but an **opportunity** to definitively let go. And the more it weighs, the more precious it is because it heralds a liberation, a healing. If one keeps in mind the goal and the nature of the effort, one can argue otherwise.

And finally, Trust: in ourselves, in our plan and in those who guide it. If our three components (physical, psychic and spiritual), or, according to the Huna vision, our three Selves (unconscious, conscious, superconscious) return to communicate with each other with a work of reharmonization, integration and connection, we will perceive more and more clearly through signs, intuitions, realizations, inspirations which are our rut and our direction in this life.

**The awakening from the numbness of unconsciousness and the awareness of our true nature allows us to no longer risk ruinous falls, but stumbles that leave only a few signs, which can be healed with the therapy of Love for oneself.**

The awakening from the numbness of unconsciousness and the awareness of our true nature allows us to no longer risk ruinous falls, but stumbles that leave only a few signs, which can be healed with the therapy of Love for oneself.



What really matters is to have understood (even if not everything will be remembered), that some snare has dissolved, that some ancient chain has broken, that one has taken a step forward on the path towards the freedom to exist with no more pasts, but only in the absolute present.



## **Maria Cristina Silvagni**



After fifteen years of freelancing as a linguist, at the age of forty I made the choice to abandon the capacity to devote myself full-time to already sketched-out paths in the time cut between family and work commitments. About ten years earlier, I had in fact approached chromotherapy, Aurasoma, the Essene vibrational therapies, dance therapy and art therapy. I had attended illuminating lectures on the soul's journey after death; I had been initiated into energy treatment (Reiki) and Ayurvedic massage. I had trained as a channeler and had deepened the study and practice of various divination tools. Starting in 2005, after a period of study and practical deepening of the spirituality of the Native

Americans, for whom I perceived a great affinity and interest, I began to carry out an intense facilitation work, accompanying, in different contexts and settings, groups and individuals to rediscovery of Nature and the inner healing potential that emanates from it. To this was added the opportunity to undertake a shamanic-spiritual training course myself with a Native American Medicine Man, a "sacred man", from whom I was able to receive wisdom, knowledge, ancient teachings and initiations. Subsequently, I came into contact with the (Western) Ho-Oponopono philosophy, which I autonomously studied through direct sources of Huna matrix, later making it the subject of seminars and group meetings. Embracing this different vision meant getting to the heart of the concept of Karma and the Unconscious, which have since become the object of analysis, reflection and direct application in the individual paths proposed by me.

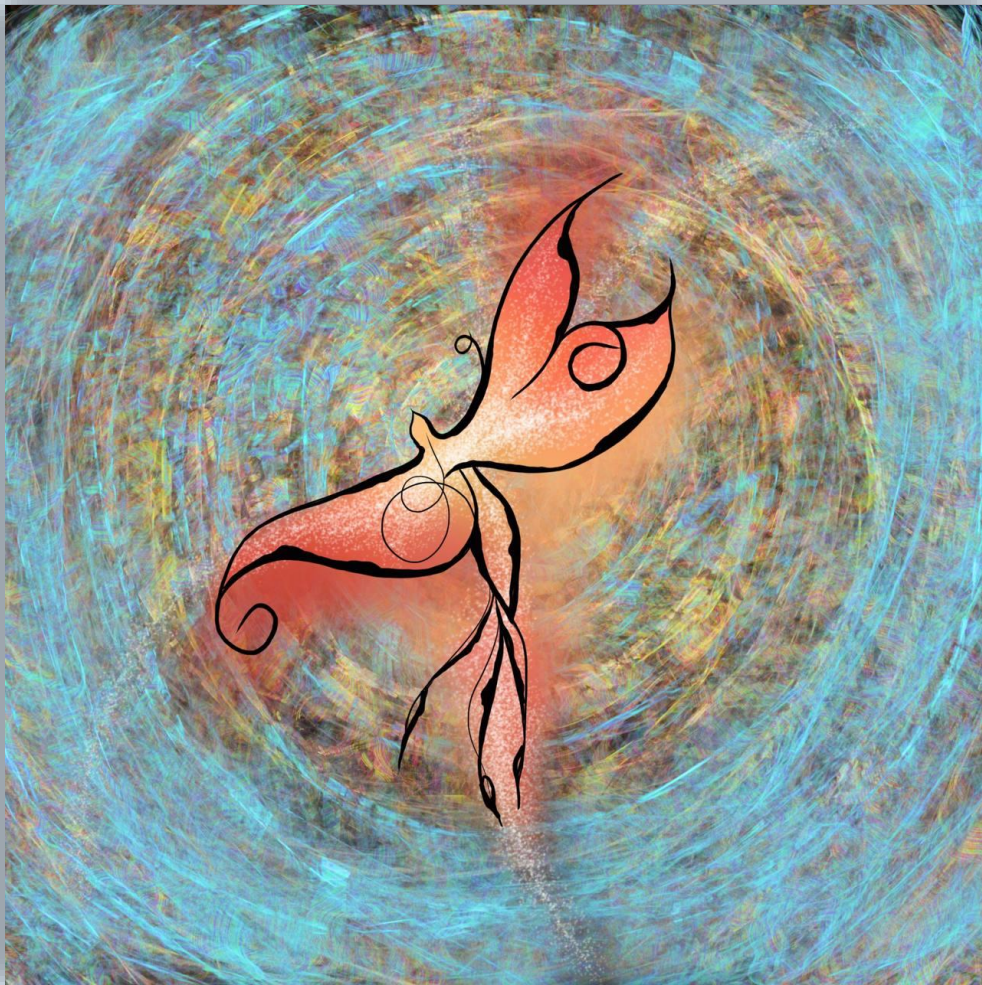
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## THE FIELD OF MIRACLES OF GURÀ



*The column is dedicated to all the written texts gathered from 2012 onwards, when I integrated a fragment of mine from the last incarnation where I experienced concentration camps.*

*That fragment “undertook” a fast-training course on planet Earth, summarizing any possible experience of pain due to human brutality in one only life.*

*Nothing was spared, everything was taken away from her: “Every material asset, every fondness, every certainty, every dignity, every sacrifice, every pain”. Her eyes witnessed the full horror performed by the Beastly Man.*

*In all that despair, she managed to preserve Love in her heart and she dispensed it to everybody.*

*She managed to go beyond all that she was seeing and to sense Love even in its brutal reality.*

*Then I started to detect a voice telling me the truth about life, about its harshness, without judgement though. And that helped me to see love in every manifested act.*

*That voice did describe me every event in poetry, and it did guide me through any topic with the joy of a child, with sweetness and blatant truthfulness.*

*I immediately understood that it was a way of writing which could stop any mental reaction because it was held to be harmless by the mind itself.*

*As time went by, that part of me, still alive, has become stronger and more profound. It manages to express words of truth that in poetry can be accepted by the mind, even though they are difficult to digest at times.*

*The information it carries goes deep and frees the truth, crushing the crystal case full of fears, beliefs and patterns.*

*Those truths do touch strings that have not been played since long time. They are never judgmental. They integrate good and bad in a loving way for those who want to look and see.*

*The Poems frame the milestones of every piece of awareness I grabbed, but they do not belong to me because they are in service to the readers. They will offer the possibility to open up to the truth that does not take anything away but that donates everything.*

*The Poems give the freedom to be who we are, taking away the cribbing of the cages we live in.*

*Let the Poems move into you and transform you in free human beings, able to catch the loving essence of this dualistic life.*

*Gurà Samir Levirò (Zelia Reggianini)*

## **Zelia Reggianini**



Born in Modena 63 years ago, she has always dealt with people's well-being through a holistic view of life, with a strong focus on healing.

Zelia Reggianini is a writer and researcher of human potential, she is self-taught as she loves to listen, write and then put into practice what her conscience whispers to her. In her two books she tells how everyone, if he wants to, can become master of his own life by freeing himself from schemes or programs that allow the same situations to repeat themselves.



## *If you need me*

*If you need me, you will never be able to love me.*

*If you need me, you are not free  
and you would not want me to be free.*

*If you need me, you will live fearing to lose me.*

*If you need me  
you will try to manipulate me  
to get from me what you think you lack.*

*If you need me  
you will want me to need you  
and you will try to take me to the cage where your fears nest.*

*You do not need me because you are already everything.*

*You cannot lose me because I do not belong to you.*

*You can get from me  
only what you already share in your heart.*

*I cannot enter your cage,  
if I do it, it will be just to help you out of it.*

*When in the cage with you  
I will use every tool in my possession to free you up.*

*I might also hurt you.*

*Either you will go out alone, or I will go alone  
in order to love you in freedom forever.*



*Gurà Samir Levirò (Zelia Reggianini)*

# *Without an I and without God*

How would we live without an I and without a God?

Free from every belonging  
free to express only the essence  
end of games and all illusions  
naked, and newborn to the new dimension.

At the beginning we will find ourselves lost  
because the reference points will have vanished.

Social references, family references,  
we will find nothing more on the outside  
because we will contain everything within us.

Neither hunger nor thirst or bodily needs,  
we will be simply aligned  
with the new astral conjunctions.

The new dimension will slowly open up  
allowing us to experience this new reality  
where the five senses will be amplified  
because they will be integrated by new perceptions.

“Without an I and without God!”

The time to believe in dogmas and fears is over  
we have chosen to discover ourselves in the darkest areas.

By accepting to be their creators,  
all the pains have vanished.

Thus we have passed through the eye of the needle  
leaving the dominance of the ego behind us  
which prevented us from discovering  
the equation of love within ourselves.  
when the light was turned on in the rabbit hole  
everything changed in the blink of an eye.

“Without an I and without God!”

Apparent emptiness, full of nothing  
suspended by the wind we fly over life  
aware of the beginning of another game  
where the choices will be made by love  
because we have finally  
activated: "the Inner Christ".



*Gurà Samir Levirò (Zelia Reggianini)*

## *Giving time to time*

When I was little, I wanted to grow up  
to feel important,  
and mother used to say to me: "Give time to time",  
you will see it will pass in a moment.

But it was slow, it went slowly  
and I hoped in vain.

As a teenager the desire to grow up was imminent  
and my grandmother used to tell me very quietly:

"Give time to time", and you will go far.

I was tired of waiting for  
time didn't want to arrive.

It was always in delay according to my needs  
as if it was driving my dreams away.

Then I got married, had children,

I didn't need any advice

I was experiencing real life  
from morning to night.

Now the children are grown up and I find myself on the other side  
saying: "Go slowly, don't be in a hurry, you may wait".

But: "Give the right value to the present time",  
because it's the only thing that's important.

The rest doesn't exist, yesterday has passed away  
and tomorrow hasn't arrived yet.

Now "Give time to time" is present  
because I live every moment

I give the right value to what my heart feels.

Nothing is out of time anymore  
nothing is out of tune  
and finally, my time has come.



*Gurà Samir Levirò (Gelia Reggianini)*



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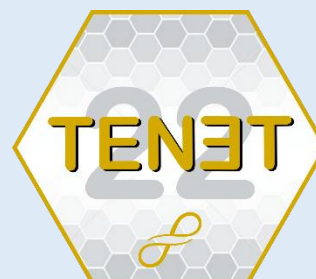
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